

## Actiferol Fe Start

### Sachets

Food for special medical purposes.

For dietary treatment to ensure proper supply of iron and ingredients supporting haematopoietic processes and in states of anemia in newborns and infants born prematurely, with low birth weight and physiological anemia and in adults.



Iron is a microelement required for proper development and functioning of body. It contributes to proper development of cognitive functions in children. It contributes to the proper creation of hemoglobin and red cells which is really important for the growing body of a child. It helps in proper functioning of immunity system. It is an ingredient of hemoglobin which conditions transport of oxygen.

Actiferol Fe® contains unique form of iron put under micronization and emulgation. Thanks to micronization, i.e. great fragmentation, absorption of iron from iron pyrophosphate (III) is twice as high which is confirmed by researches. Iron contained in Actiferol Fe® is liberated in intestines, not in stomach. Thanks to that, there are no afflictions connected with digestive system.

Additionally, Actiferol Fe Start contains:

- vitamin B6 which helps in proper production of red blood cells
- vitamin C which contributes to increased absorption of iron that helps in proper production of red blood cells and hemoglobin
- folates complex which help in proper production of blood and take part in the process of cell division. Active folate is well absorbed and ready to be used by organism. Active folate secures people who have problems with absorption of folates from the standard folic acid.

### Content:

Ingredients: maltodextrin, iron (ferric diphosphate (ferric pyrophosphate); maltodextrin; emulsifier: lecithins); pyridoxine hydrochloride (vitamin B6); L-ascorbic acid (vitamin C); pteroylmonoglutamic acid (folates: folic acid); calcium-L-methylfolate (folates: active folate).

Nutritional value	100 g	Recommended daily intake: 1 capsule
Energy	1478 kJ (343 kcal)	14 kJ (4 kcal)
Fat, of which:	0 g	0 g
• Saturated fatty acids	0 g	0 g
Carbohydrates, of which:	87 g	0,87 g
• Sugar	16 g	0,16 g
Protein	0 g	0 g

Salt	0,67 g	0 g
Vitamin B6	2500 mg	35 mg
Vitamin C	2000 mg	20 mg
Iron	700 mg	7 mg
Folates, of which:	20000 µg	200 µg
Active folate (calcium-L-methylfolate)	10000 µg	100 µg
Folic acid	10000 µg	100 µg

## How to use:

In states of iron deficiency and/or anemia: taken under doctor's supervision, depending on individual demand.

Add content of sachet to small amount of food (2-3 teaspoons), breast milk or milk and then mix. Prepared suspension should be given to child right after preparing. Recommended form of applying Actiferol Fe Start is giving dissolved content of sachet in small amount of liquid on teaspoon, directly to mouth.

Important information: Product taken under doctor's supervision. For dietary treatment. Product cannot be used parenterally. It isn't the only source of food. Do not use if there is hypersensitivity to any of the ingredients of the product. Daily intake of the substance cannot be reached only by change of standard diet. Varied diet and healthy lifestyle are important to stay healthy.

## Packing:

- 30 sachets