

## Climeston

**Dietary supplement**  
**Film-coated tablets.**

Climeston is a combination of extracts from leaves and flowers of red clover, which help women deal with symptoms of menopause:

- hot flushes
- excessive sweating
- anxiety and irritability

Climeston contains the OSTEOPLEX complex (vitamin D3, vitamin K2 (MK-7) and calcium) which helps in the upkeep of healthy bones. Calcium contributes to the proper energetic metabolism and helps in proper functioning of digestive enzymes.

Varied diet and healthy lifestyle are important to stay healthy.



### Content:

**Ingredients:** calcium carbonate; extract from leaves and flowers of red clover (*Trifolium pratense* L.) standardized on isoflavones; bulking agent: cellulose; vitamin D3 (cholecalciferol); vitamin K2-M7 (menaquinone); thickeners: hydroxypropyl methyl cellulose, hydroxypropyl cellulose; anti-caking agents: polyethylene glycol, polyvinylpyrrolidone; bulking agent: talc; medium-chain fatty acids; colours: titanium dioxide, cochineal, indigotine.

Content of vitamins, mineral ingredients and other active ingredients in a recommended daily intake-1 tablet (% of NRV)		
Extract from leaves and flowers of red clover ( <i>Trifolium pratense</i> L.) Of which phytoestrogens-isoflavones		200 mg 80 mg
Complex OSTEOPLEX	Vitamin K	37,5 µg (50%)
	Vitamin D	50 µg (1000%)
	Calcium	120 mg (15%)

Product may contain **lactose** (from **milk**).

### How to use:

Recommended daily dosage :1 tablet

Use: Swallow tablet with small amount of water..

Dietary supplements should not be used as a substitute for a varied diet.

Do not use if there is allergy to any of the ingredients.

Product is not recommended for pregnant women and breastfeeding mothers.

## Packing:

- 30 tablets
- Net weight: 21,6 g (30 tablets  $\times$  0,72 g)