

Magnesium + B6

Dietary supplement

Easy to swallow tablets.

Magnesium contributes to the decrease of fatigue and exhaustion, helps in the proper functioning of muscles, and maintains healthy teeth and bones. Vitamin B6 supports the nervous system.

Varied diet and healthy lifestyle are important in maintaining physical health and well-being.



Content:

Ingredients: magnesium carbonates; bulking agents: cellulose, sorbitols; anti-caking agents: talc, magnesium salts of fatty acids, polyvinylpyrrolidone, vitamin B6 (pyridoxine hydrochloride).

Content of vitamins and mineral ingredients in a recommended daily intake-1 tablet (% of NRV)

Magnesium	56,25 mg	(15%)
Vitamin B6	1,4 mg	(100%)

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

How to use:

Use: Swallow tablet with small amount of water.

Recommended daily intake:

1 tablet daily.

Do not exceed the recommended daily intake of the product.

Dietary supplement should not be used as a substitute for a balanced and varied diet.

Packing:

- 60 tablets
- Net weight: 18 g (60 tablets \square 0,3 g)

Product may contain lactose (from milk).