

## Omegamed baby + D 0+ twist off capsules

Food for special medical purposes.

Product for infants and children to everyday use from the first days of life.

Preparation for dietary treatment supporting:

- Proper functioning of brain<sup>1</sup>
- Proper functioning of sight<sup>1</sup>
- Proper growth and development of bones<sup>1</sup>
- Proper functioning of immunity system<sup>1</sup>



Omegamed® Baby+D ensures everyday portion of DHA (docosahexaenoic acid from Omega-3 group) and vitamin D accordingly to current recommendations of experts.

Omegamed® Baby+D contains unique form of DHA from algae (Life's DHA®).

DHA contained in products Omegamed® is:

- from original source-extracted from natural algae *Schizochytrium* sp., which is an original safe source. It means better taste and smell as well as good absorption and tolerance.
- clean- algae, from which DHA is extracted, are planted in controlled conditions, away from marine tanks. It means no risk of contact with potentially dangerous pollutions which appear in natural environment, such as dioxin, methylated mercury, polychlorinated biphenyls (PCB).
- perfect-effectiveness and safety are confirmed by valuable researches<sup>1</sup> and tradition of use. It means that it is checked and perfectly adjusted to needs of the most demanding and sensitive to insufficiency of this ingredient consumers.

### Content:

Ingredients: capsule content: oil from microalgae *Schizochytrium* sp. containing DHA (docosahexaenoic acid Life's DHA®)[algal oil; high oleic sunflower oil; emulsifier: lecithins; flavouring; antioxidants: tocopherol-rich extract, L-ascorbyl palmitate]; cholecalciferol (vitamin D). Capsule shell: gelatin, humectant: glycerol; colour: iron oxides and hydroxides.

Nutritional value	100 g	Recommended daily intake-1 capsule twist-off
Energy	3452 kJ (840 kcal)	21 kJ (5 kcal)
Fat, of which:	93 g	< 0,5 g
• Saturated fatty acids	34 g	< 0,1 g
Carbohydrates, of which	0 g	0 g
• Sugar	0 g	0 g
Protein	0 g	0 g
Salt	0 g	0 g
Vitamin D	1565 µg	100 µg (400 i.u. 200% NRV*; 100% RDA**)

DHA	23 474 mg	150 mg
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\*NRV-Nutrient Recommended Values

\*\*RDA Recommended Daily Allowance for infants from 0 to 12 months old in accordance with guidelines of supplementation with vitamin D for Central Europe. Endokrynologia Polska 2013; 64(4) 319-327.

## How to use:

Twist and tear off the end of capsule. If it is hard to open the capsule cut off its end. Then squeeze the content of capsule to a spoon or add to small amount of food: milk, breast milk, porridge or soup. It is recommended to add Omegamed baby + D to food to neutralise characteristic smell and taste of DHA oil. It is not recommended to give the content of capsule directly to child's mouth. Be especially careful when giving the preparation to avoid swallowing of capsule by a child.

Important information: Product taken under doctor's supervision. To dietary treatment. Product cannot be used parenterally. It doesn't constitute the only source of food. Do not use if there is hypersensitivity to any of the ingredients of the product. Daily intake of the substance cannot be reached only by change of standard diet. Varied diet and healthy lifestyle are important to stay healthy.

## Packing:

- 30 twist-off capsules or 60 twist-off capsules

## Literature:

1. Health claims and references:
2. Health claims: „docosahexanoic acid (DHA) contributes to proper functioning of brain”. Beneficial action appears in case of daily taking of DHA in amount of: 100 mg for children 0-2 years old; 250 mg for children >2 years old. “Consuming of docosahexanoic acid (DHA) supports proper development of sight in infants to 12 months old”. Beneficial action appears in case of consuming 100 mg of DHA daily. “Vitamin D is required for proper growth and development of bones in children”. “Vitamin D contributes to proper functioning of immunity system in children”.
3. Recommendations: Socha P. Suplementacja DHA w krytycznych okresach życia jak w praktyce realizować polskie
4. i międzynarodowe zalecenia. Standardy Medyczne/Pediatrica 2013. T10.521-526. 3. Normy żywienia zdrowych dzieci w 1-3. roku życia Stanowisko Polskiej Grupy Ekspertów. Standardy Medyczne Nr 3.2012. 4. Stanowisko Grupy Ekspertów. SM Pediatrica 2010;7 (Supl.): 1-7. 5. Wytyczne suplementacji witaminą D dla Europy Środkowej. Endokrynologia Polska 2013; 64(4) 319-327. 6. Carlson S. i wsp. Am J Clin Nutr 2013, 97:4 808-815 7. Imhoff-Kunsch B. i wsp. Pediatrics. 2011 Sep;128(3):e505-12.8. Birch EE i wsp. Journal of Pediatrics 2010;156:902-6. 9. Minns L. i wsp. PLEFA 2010;82:287-293.