

Plusssz 100% Multivitamin MAN Complex

Dietary supplement.

Effervescent tablets, blackberry-orange flavour.

Contains sweeteners.

Plusssz 100% Multivitamin MAN Complex is a complex preparation conformed to needs of men containing extract of ginseng and of yerba mate.



Yerba mate contributes to strengthening of body, has tonic properties which contribute to immunity to physical and mental fatigue.

Ginseng helps to keep cognitive functions on the proper level, helps counteract fatigue and supports vitality of body.

Zinc helps in keeping proper fertility and proper reproductive functions and helps in maintaining proper level of testosterone in blood.

Vitamin E and manganese support protection of cells against oxidative stress.

Selenium contributes to proper process of spermatogenesis.

Varied diet and healthy lifestyle are important to stay healthy.

Content:

Ingredients: acidity regulators: citric acid, sodium carbonates; bulking agent: sorbitols; vitamins (L-ascorbic acid, nicotinamide, DL-alpha-tocopheryl acetate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, pteroylmonoglutamic acid, D-biotin, cyanocobalamin); beetroot powder concentrate (beetroot juice concentrate; maltodextrin; acidity regulator: citric acid); flavourings; ginseng root extract (*Panax ginseng* C.A.Meyer); yerba mate extract (*Ilex paraguariensis* A.St.-Hil.); anti-caking agents: polyvinylpyrrolidone, polyethylene glycol; sweeteners: cyclamates, saccharines; zinc citrate; manganese gluconate; sodium selenite; forest fruit juice powder -0.1%; orange juice powder - 0.1%; coenzyme Q10.

Content of vitamins, mineral ingredients and other active ingredients in a recommended daily intake – 1 tablet (% of NRV):		
ginseng root extract (<i>Panax ginseng</i> C.A. Meyer)	50mg	n/a
yerba mate leaf extract	30 mg	n/a
zinc	5 mg	50%
manganese	1 mg	50%
selenium	27,5 µg	50%
vitamin C	80 mg	100%
niacin	16 mg	100%
vitamin E	12 mg	100%

pantothenic acid	6 mg	100%
vitamin B6	1,4 mg	100%
riboflavin	1,4 mg	100%
thiamine	1,1 mg	100%
folic acid	200 µg	100%
biotin	50 µg	100%
vitamin B12	2,5 µg	100%
coenzyme Q10	400 µg	100%

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

n/a- not applicable

Product may contain **lactose** (from **milk**).

How to use:

Dissolve one tablet in a glass (200 ml) of cold water.

Recommended daily intake: 1 tablet a day.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

Packing:

- 20 effervescent tablets, blackberry-orange flavour. Net weight: 86 g (20 tablets ± 4,3 g)