

Plussz Active 100% Energy Complex

Dietary supplement.

Effervescent tablets, fruit flavours.

Contains sweeteners.

High content of caffeine (200 mg/2 tablets).

It is not recommended for children, pregnant and breastfeeding women.



Plussz Active Concentration is a composition of vitamins, mineral ingredients and other active ingredients which combines double action- helps to improve concentration and to increase vigilance.

Caffeine helps to improve focus and concentration and helps increase vigilance (measured as speed of response).

Magnesium, vitamins B6 and B12 contribute to decrease of feeling of fatigue and exhaustion.

Vitamin C helps in proper functioning of immunity system.

Varied diet and healthy lifestyle are important to stay healthy.

Content:

Ingredients: acidity regulators: citric acid, sodium carbonates; bulking agent: sorbitols; magnesium lactate; vitamins (L-ascorbic acid, nicotinic acid amide, DL-alpha-tocopheryl acetate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, pteroylmonoglutamic acid, D-biotin, cyanocobalamin); flavorings; caffeine; extract of yerba mate (*Ilex paraguariensis* A.St.-Hil.); bacopa monnieri extract (*Bacopa monnieri*); guarana extract (*Paullinia cupana*); beetroot powder concentrate; anti-caking agents: polyvinylpyrrolidone, polyethylene glycol; sweeteners: cyclamates, saccharines; color: carotenes; fruit juice powder - 0.1%; coenzyme Q10.

Content of vitamins, minerals ingredients and other active ingredients in a recommended daily intake- 2 tablets (% daily Nutrient Reference Value (Adults))

Vitamin C	80 mg	(100%)
Niacin	16 mg	(100%)
Vitamin E	12 mg	(100%)
Pantothenic acid	6 mg	(100%)
Vitamin B6	1,4 mg	(100%)
Riboflavin	1,4 mg	(100%)
Thiamine	1,1 mg	(100%)
Biotin	50 µg	(100%)
Folic acid	200 µg	(100%)

Vitamin B12	2,5 µg	(100%)
Magnesium	56,25 mg	(15%)
L-carnitine tartate	140 mg	-
Caffeine	200 mg	-
coenzyme Q10	400 µg	-
guarana extract	40 mg	-
bacopa monnieri extract	40 mg	-
yerba mate extract	40 mg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

Product may contain **lactose** (from **milk**)

How to use:

Dissolve one tablet in a glass (200 ml) of cold water.

Recommended daily intake: 2 tablets a day.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

Packing:

- 20 effervescent tablets, grapefruit flavours.
- Net weight: 86 g (20 tablets □ 4,3 g)