

## Plusssz Electrolytes + 100% Multivitamin

Dietary supplement.

Effervescent tablets, mango-pineapple flavour.

Contains sugar and sweeteners.

Preparation **Plusssz Electrolytes** contains a special set and concentration of all the most important electrolytes, as well as glucose and a complex of vitamins of European origin enriched with coenzyme Q10. It's perfect for sports activities and heat; it quenches thirst and nourishes the body. Drink plenty of fluids!



**Potassium** helps in the proper functioning of muscles and the nervous system.

**Calcium** contributes to the upkeep of proper energetic metabolism.

**Magnesium** helps in the proper functioning of muscles and contributes to the decrease in feelings of fatigue and exhaustion.

Varied diet and healthy lifestyle are important to stay healthy.

### Content:

**Ingredients:** acidity regulators: citric acid, sodium carbonate; magnesium lactate; glucose; bulking agent: sorbitol; calcium carbonate; potassium chloride; potassium citrate; flavours; anti-caking agents: polyvinylpyrrolidone, polyethylene glycol; vitamins (L-ascorbic acid, nicotinic acid amide, D-alpha tocopheryl acetate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, pteroylmonoglutamic acid, D-biotin, cyanocobalamin); sweeteners: cyclamates, saccharines; colour: riboflavin; coenzyme Q10.

Content of vitamins, mineral ingredients and other active ingredients in a recommended daily intake – 4 tablets (% daily Nutrient Reference Value (Adults)):

glucose	1600 mg	-
sodium	920 mg	-
potassium	400 mg	20%
chloride	240 mg	30%
magnesium	240 mg	64%
calcium	240 mg	30%
vitamin C	80 mg	100%
niacin	16 mg	100%
vitamin E	12 mg	100%

pantothenic acid	6 mg	100%
vitamin B6	1,4 mg	100%
riboflavin	1,4 mg	100%
thiamine	1,1 mg	100%
folic acid	200 µg	100%
biotin	50 µg	100%
vitamin B12	2,5 µg	100%
coenzyme Q10	400 µg	-

Product may contain **lactose** (from **milk**).

## How to use:

Dissolve a tablet in a glass (200 ml) of cold water.

Recommended daily intake: 4 tablets a day.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

## Packing:

- 24 effervescent tablets, mango-pineapple flavours.
- Net weight: 103,2 g (24 tablets  $\square$  4,3 g)