

## Plusssz Electrolytes SENIOR + 100% Complex

Dietary supplement.

Effervescent tablets, raspberry-lemon flavour.

Contains sugar and sweeteners.

WITHOUT added SUGAR. Low sodium content\*

Plusssz Electrolytes SENIOR 100% Complex is a product created for seniors.

It contains a full set of electrolytes (sodium, potassium, magnesium, calcium, chloride), an extract of butcher's broom, which contributes to proper circulation in the lower limbs, as well as vitamins B6 and B12, which help maintain normal psychological functions. Additionally, the product is WITHOUT added SUGAR, and the potassium contained in it helps maintain normal blood pressure. Physiological changes associated with the aging process affect the reduction of thirst sensation. Ensure fluid replenishment with Plusssz Electrolytes SENIOR 100% Complex, which hydrates the body and is recommended throughout the year!

**Potassium** helps in the proper functioning of muscles and the nervous system.

**Calcium** contributes to the upkeep of proper energetic metabolism.

**Magnesium** helps in the proper functioning of muscles and contributes to the decrease in feelings of fatigue and exhaustion.

Varied diet and healthy lifestyle are important to stay healthy.

### Content:

**Ingredients:** acidity regulator: citric acid; bulking agent: sorbitols; magnesium lactate; potassium bicarbonate; sodium bicarbonate; calcium carbonate; potassium chloride; flavourings; anti-caking agents: polyvinylpyrrolidone, polyethylene glycol; red beet juice concentrate in powder; colors: carotenes, anthocyanins; sweeteners: cyclamates, saccharines; butcher broom root extract (*Ruscus aculeatus* L.); lemon juice powder – 0,1%; cyanocobalamin; pyridoxine hydrochloride; coenzyme Q10.



Content of vitamins, mineral ingredients and other active ingredients in a recommended daily intake – 2 tablets (% daily Nutrient Reference Value (Adults)):

vitamin B6	1,4 mg	100%
vitamin B12	2,5 µg	100%
sodium	200 mg	-
potassium	500 mg	25%
chloride	160 mg	20%

calcium	200 mg	25%
magnesium	93,75 mg	25%
coenzyme Q10	400 µg	-
butcher broom root extract ( <i>Ruscus aculeatus</i> L.)	20 mg	-

Product may contain **lactose (from milk)**.

## How to use:

Dissolve a tablet in a glass (200 ml) of cold water.

Recommended daily intake: 2 tablets a day.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

## Packing:

- Net weight: 103,2 g (24 tablets □ 4,3 g)