

Prenalen Mag-Fol

Dietary supplement.

Tablets for pregnant woman and breastfeeding mothers.

Prenalen Mag-Fol is an ideal product for pregnant women and breastfeeding mothers. It contains magnesium, folic acid and vitamin B6. Magnesium supports proper functioning of the nervous system, helps to fight muscle spasms and to maintain healthy teeth and bones. Folic acid helps to reduce the risk of occurrence of neural tube defects in child, it contributes to the reduction of tiredness and fatigue. Vitamin B6 contributes to normal red blood cell formation and the functioning of the nervous system.

Varied diet and healthy lifestyle are important to stay healthy.



Content:

Content of vitamins and other active ingredients in a recommended daily dosage -1 tablet (% of NRV)

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|-------------------|-----------------------|
| <i>Magnesium</i> | <i>187,5 mg (50%)</i> |
| <i>Vitamin B6</i> | <i>0,7 mg (50%)</i> |
| <i>Folic acid</i> | <i>200 mcg (100%)</i> |

n/a – not applicable

How to use:

Recommended daily dosage: 1-2 tablets

Use: Swallow tablet with small amount of water.

Dietary supplements should not be used as a substitute for a varied diet.

Do not use if there is allergy to any of the ingredients.

Product is not recommended for pregnant women and breastfeeding mothers.

Packing:

- 30 tablets.