

## **Sylimarin**

# Dietary supplement. Tablets.

Sylimarin is a dietary supplement for people experiencing digestive discomfort. Milk thistle (Silybum marianum L.) helps in the proper functioning of the liver and regeneration of cells. The proper functioning of the liver has a significant influence on the human body because it participates in a number of processes



Varied diet and healthy lifestyle are important in maintaining physical health and well-being.

#### **Content:**

**Ingredients:** bulking agents: cellulose, sorbitols; milk thistle extract (Silybum marianum L.) standardized on the content of silymarin; anti-caking agents: polyethylene glycol, polyvinylpyrrolidone; magnesium salts of fatty acids.

Active substance	Quantity in one tablet (0,7 g)	Quantity in a recommended daily intake (half a tablet)
Milk thistle extract	100 mg	50 mg
Of which sylimarin	70 mg	35 mg

### How to use:

Use: Swallow tablet with small amount of water.

#### Recommended daily intake:

 $\frac{1}{2}$  of tablet a day.

Do not exceed the recommended daily intake of the product.

Products with milk thistle are not recommended for children, pregnant and breastfeeding women without medical supervision.

Dietary supplement should not be used as a substitute of a varied diet.

Do not use if there is allergy to any of the ingredients.

### Packing:

- 30 tablets
- Net weight: 21 g (30 tablets ☐ 0,7 g)