



Polski Lek®

## Chiroman

Dietary supplement.

Dissolving powder, orange flavour.

Contains sweeteners.

Chiroman is a product containing L-carnitine, L-arginine, N-acetyl L-cysteine (NAC), Tribulus terrestris, Maca root, Ginkgo biloba, vitamin E and complex of minerals recommended for men looking for:

- support for the male body, fertility and vitality
- support in maintaining the balance of male hormones

**Zinc** Zinc contributes to normal fertility and reproduction, contributes to the maintenance of normal testosterone levels in the blood, it has a role in the process of cell division

**Manganese** contributes to normal energy-yielding metabolism

**Selenium** contributes to normal spermatogenesis.

**L-carnitine** is an amino acid most abundant in muscles. It takes part in lipid metabolism, resulting in the production of energy needed by the body's cells.

**L-arginine** L-arginine is an amino acid, it is a precursor in the synthesis of proteins and other compounds of fundamental importance in biochemical transformations, e.g. polyamines (putrescine, spermine, spermidine)

**N-acetylcysteine** is a simple organic compound, a derivative of the amino acid L-cysteine and a precursor of glutathione - one of the most important antioxidants in the body.

**Tribulus terrestris** supports sexual abilities.

**Maca Root** helps maintain natural sexual activity and energy



## Content:

*Ingredients: DL-alpha-tocopheryl acetate; L-carnitine tartrate; maltodextrin; magnesium oxide; L-arginine hydrochloride; maca root extract (Lepidium meyenii); tribulus terrestris fruit extract (Tribulus Terrestris L.); N-acetyl L-cysteine; ginkgo biloba leaf extract (Ginkgo biloba L.); zinc citrate; anti-caking agent: silicon dioxide; flavourings; colours: carotenes, riboflavins; sweeteners: cyclamates, saccharins; sodium selenate (IV). Product may contain **lactose** (from **milk**).*

*Content of active ingredients in 1 sachet - recommended daily dosage (% NRV)*

L-carnitine	500 mg	-
L-arginine	500 mg	-
N-acetyl L-cysteine (NAC)	250 mg	-

Tribulus terrestris fruit extract	250 mg	-
Maca root extract	300 mg	-
Ginkgo biloba leaf extract	100 mg	-
Selenium	50 µg	91%
Magnesium	350 mg	93%
Vitamin E	250 mg	2083%
Zinc	15 mg	150%

NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

## How to use:

Dissolve the content of sachet in 150 ml of cold water, drink right after dissolving.

### Recommended daily intake:

1 sachet daily.

Do not exceed the recommended daily intake of the product.

Dietary supplement should not be used as a substitute of a varied diet. A balanced diet and a healthy lifestyle are important to stay healthy.

## Packing:

- 30 sachets