

## Plussz 100% Multivitamin + Ginseng

Dietary supplement.

Effervescent tablets, forest fruits flavour.

Contains sweeteners.

Plussz 100% Multivitamin + Ginseng is recommended for people feeling generally run down, especially in the seasons of autumn and winter.

Ginseng increases body ability to physical and mental exercise.

Vitamins B6 and B12 contributes to decrease of feeling of fatigue and exhaustion.

Vitamin C helps in proper functioning of immunity system.

Thiamine contributes to upkeep of proper energetic metabolism.

Vitamin E supports protection of cells against oxidative stress.

Varied diet and healthy lifestyle are important to stay healthy.



### Content:

**Ingredients:** acidity regulators: citric acid, sodium carbonates; bulking agent: sorbitols; vitamins (L-ascorbic acid, nicotinamide, DL-alpha-tocopheryl acetate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, pteroylmonoglutamic acid, D-biotin, cyanocobalamin); ginseng root extract (*Panax ginseng* C.A.Meyer); anti-caking agents: polyvinylpyrrolidone, polyethylene glycol; beetroot powder concentrate; flavourings; sweeteners: cyclamates, saccharines; colour: anthocyanins; hibiscus tea powder extract; forest fruit juice powder - 0.1%; coenzyme Q10.

Content of vitamins, mineral ingredients and other active ingredients in a recommended daily intake – 1 tablet (% of NRV):		
Standardized ginseng root extract ( <i>Panax ginseng</i> C.A. Meyer) of which ginsenosides	100 mg 3,6 mg	n/a n/a
vitamin C	80 mg	100%
niacin	16 mg	100%
vitamin E	12 mg	100%
pantothenic acid	6 mg	100%
vitamin B6	1,4 mg	100%
riboflavin	1,4 mg	100%
thiamine	1,1 mg	100%
folic acid	200 µg	100%

biotin	50 µg	100%
vitamin B12	2,5 µg	100%
coenzyme Q10	400 µg	n/a

\*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

n/a- not applicable

Product may contain **lactose** (from **milk**).

## How to use:

Dissolve one tablet in a glass (200 ml) of cold water.

**Recommended daily intake:** 1 tablet a day.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

## Packing:

- 20 effervescent tablets, forest fruits flavour. Net weight: 86 g (20 tablets  $\square$  4,3 g)