



Polski Lek®

PRENALEN NAUSEA GASTRO CONTROL

Dietary Supplement

Lozenges for pregnant woman and breastfeeding mothers.

Did you know how many women experience nausea during pregnancy? It is quite common—nausea and vomiting of varying severity can occur in 50-80% of women during the first trimester¹. In such situations, it's worth considering supporting your body with specially formulated products for pregnant and breastfeeding women.



With the ingredients in Prenalen Nausea Gastro Comfort, you can support the proper functions of your digestive system and digestive enzymes, allowing you to enjoy precious moments during pregnancy. Choosing a dietary supplement specifically designed for pregnant and breastfeeding women is crucial for you and your baby to meet your unique needs.

Discover Prenalen Nausea Gastro Comfort – these are lozenges with a pleasant lemon-orange flavor, designed specifically for expectant mothers. Prenalen Nausea Gastro Comfort has an alkaline pH of 8.4, providing support not only for discomfort related to nausea but also for the proper functioning of the digestive system and digestion.

Ginger contributes to the activation of the body's natural defense mechanisms, supporting the proper functioning of the immune system. Additionally, it helps maintain the proper functioning of the digestive tract, including the stomach, in the early stages of pregnancy.

Chamomile supports the proper functioning of the digestive system.

Vitamin B6 helps maintain normal energy metabolism.

Calcium assists in the proper functioning of digestive enzymes.

Magnesium helps maintain electrolyte balance.

Prenalen Nausea Gastro Comfort is also a conscious choice for you—our formula is vegan-friendly, free of added sugar, gluten, and lactose, ensuring uncompromising quality of ingredients.

Content:

Ingredients: bulking agent: mannitol; calcium carbonate; bulking agent: sorbitols; magnesium carbonate; sweetener: xylitol; inulin; natural flavourings; ginger root extract (*Zingiber officinale*) DER 4:1; chamomile extract (*Matricaria recutita*) DER 4:1; acidity regulator: citric acid; anti-caking agents: polyvinylpyrrolidone, polyethylene glycol; colour: carotenes; sweeteners: sucralose, steviol glycosides from stevia; pyridoxine hydrochloride; lemon juice in powder – 1%.

Content of vitamins, minerals, and other active ingredients in the recommended daily portion – 4 lozenges (% of Daily Reference Intake – for adults)

Vitamin B6

1,4 mg (100%)

Medicinal Ginger root extract DER 4:1	105 mg (-)
Chamomile flower extract DER 4:1	60 mg (-)
Calcium	320 mg (40%)
Magnesium	150 mg (40%)
Inulin	200 mg

How to use:

The lozenge should be slowly sucked until completely dissolved. It is recommended to consume 4 tablets per day. Do not exceed the recommended daily portion. Dietary supplements cannot be used as a substitute for a varied diet. A balanced diet and healthy lifestyle are important for maintaining health. No added sugar. Contains naturally occurring sugars. Excessive consumption may have a laxative effect.

Best before:/ Batch number: on the side of the packaging.

Storage: Store in a dry place at temperatures below 25 °C.

Keep out of reach of small children. Protect from light.

Packing:

- 24 lozenges in unit box

Literature:

1. Matthews A., Haas D.M., O'Mathúna D.P., Dowswell T., Interventions for nausea and vomiting in early pregnancy. Cochrane Database of Systematic Reviews 2015, Issue 9. Art. No.: CD007575. DOI: 10.1002/14651858. CD007575.pub4.