



Polski Lek



PRODUCT CATALOGUE





Polski Lek

Welcome to Polski Lek part of Maspex Group

We are a manufacturer of high-quality products produced in accordance with GMP guidelines and the standards set by IFS and HACCP. We have at our disposal a well-trained, highly qualified staff, modern, well-equipped facilities, and high-tech machinery that meet all the requirements of EU regulations and legislation.

Polski Lek Sp. z o.o. approaches the global market with a vision of promoting human health through natural products. Our policy is to consistently uphold the highest manufacturing practices available and to supply customers with the best products made from the finest ingredients.

Polski Lek Sp. z o.o. also offers first-class, high-quality services in the field of contract manufacturing of foodstuffs, particularly dietary supplements and enriched products in the form of tablets, effervescent tablets, pills, lozenges, granules, and powders.

Our products have been recognized by some of the most discerning customers around the world. We are confident that we will earn your trust as well. We offer a wide range of services and products, either under our branding or your own, whichever is the best solution for you.



our MISSION

We aim to develop continuously, to create products with passion and a sense of responsibility that will accompany consumers in their daily lives.



our VISION

We are a European market leader, consolidating our market position through high quality and innovation. We conduct our operations with concern for the welfare of people and the environment.



Our Research and Development (R&D) department plays a pivotal role in innovating and advancing the formulation of food supplements. Specializing in tablets, effervescent tablets, and powders in sachets, our dedicated team of scientists and researchers is committed to pushing the boundaries of nutritional science. Our collaborative approach within the R&D department fosters creativity and innovation, allowing us to stay at the forefront of the food supplement industry.





Polski Lek

ELŻBIETA GUGULSKA

CEO

“Guided by our core values of integrity, quality and compassion, Polski Lek is dedicated to improving health and well-being through its comprehensive portfolio of products and services”



IWONA CHRUSTEK

R&D MANAGER

“We believe that innovation in R&D is the key to unlocking new possibilities in healthcare. Our team is dedicated to those in need.”



MIROSŁAW SMÓŁKA

FMCG SALES DIRECTOR

“Our priority is to create a welcoming and supportive environment where customers can trust us for their health and wellness needs, backed by our knowledgeable and friendly staff.”



With a focus on continuous innovation and customer satisfaction, we continue to expand our footprint in international markets, responding to evolving consumer preferences and healthcare trends. Our goal is to enrich lives globally by offering scientifically backed, high-quality food supplements that support healthier lifestyles and promote overall well-being. Every year we attend most important International Fairs in the pharmaceutical and functional food branches.



KATARZYNA
SIKORSKA

MARKETING DIRECTOR

“We believe in the power of effective marketing to drive the success of our products, making a positive impact on patient outcomes and advancing healthcare standards”

DANIEL
PIWOWARCZYK

EXPORT MANAGER

“We believe in the importance of global collaboration, ensuring the timely and efficient delivery of our products worldwide.”





LINE FOR PREGNANT WOMEN

Our product line is specifically designed for pregnant women, those planning pregnancy, and lactating mothers. Carefully selected natural ingredients ensure both effectiveness and safety for you and your child.

These products provide gentle support during periods of reduced immunity. Keeping in mind the unique needs of women throughout these nine months, we have developed Prenalen, Actifolin, and Omegamed Pregna.

NEW

PRENALEN ELECTROLYTES

DOSAGE: 4 tablets daily CONTENT: 20 EFF TAB FLAVOUR: orange-pineapple

Prenalen ELECTROLYTES is a unique formula containing the most important electrolytes, enriched with elderflower extract.
Prenalen ELECTROLYTES takes care of proper hydration and replenishment of essential microelements:

- 1. DURING HEAT AND FATIGUE
- 2. DURING LACTATION, when fluid requirements increase
- 3. IN PERIODS OF EXERTION, to help restore electrolyte balance

Content of vitamins, minerals and other active ingredients
in a recommended daily intake - 4 tablets (% of NRV):

POTASSIUM	1200 mg	60%
CALCIUM	400 mg	50%
MAGNESIUM	375 mg	100%
CHLORIDE	320 mg	40%
SODIUM	400 mg	-
ELDERBERRY FLOWER EXTRACT DER 4:1	200 mg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



PRENALEN PROTECTA SYRUP

DOSAGE: 1 spoon (15 ml) 3 times a day CONTENT: 115 ml FLAVOUR: raspberry

Prenalen Syrup is a dietary supplement in liquid form, specially designed for pregnant women and breastfeeding mothers.

It contains biologically active substances from garlic, which exhibit antioxidant properties, as well as raspberry and black currant juice, vitamin C, and zinc, all of which support the proper functioning of the immune system. The garlic used in Prenalen is odorless

Content of vitamins, minerals and other active ingredients in a recommended daily intake - 30 ml (2 spoons), (% of NRV)

DRY GARLIC EXTRACT		
STANDARDIZED INCLUDING:	90 mg	-
ALLICIN	0,9 mg	-
ALLIN	1,8 mg	-
ZINC	10,2 mg	102%
VITAMIN C	80 mg	100%

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PRENALEN PROTECTA SACHETS

DOSAGE: 2 sachets a day CONTENT: 14 sachets FLAVOUR: raspberry

Prenalen Protecta Sachets are a dietary supplement designed to meet the unique needs of women during pregnancy and breastfeeding. Each sachet contains a standardized dry garlic extract, vitamin C, and zinc, which support proper immune system function. Garlic additionally supports respiratory health and blood circulation, zinc contributes to the process of cell division, and vitamin C helps protect cells from oxidative stress, enhances iron absorption, and contributes to reducing tiredness and fatigue.

Content of vitamins, minerals and other active ingredients in 2 sachets (%NRV)

GARLIC (ALLIUM SATIVUM L.)		
STANDARDIZED, DRY EXTRACT INCLUDING:	150 mg	-
ALLICIN	1,5 mg	-
ALLIIN	3 mg	-
ZINC	10 mg	100 %
VITAMIN C	80 mg	100 %

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



PRENALEN NAUSEA

DOSAGE: 4 tablets daily CONTENT: 30 tablets

Prenalen NAUSEA Gastro Comfort – lozenges with a pleasant lemon-orange flavor, specially designed for expectant mothers. With an alkaline pH of 8.4, Prenalen NAUSEA Gastro Comfort not only helps relieve nausea-related discomfort but also supports proper digestive system function and digestion.

With **Prenalen NAUSEA Gastro Comfort** you can enjoy precious moments during pregnancy. Choosing a dietary supplement designed specifically for pregnant and breastfeeding women is key for you and your baby to meet your unique needs.

Content of vitamins, minerals and other active ingredients in 4 tablets:

VITAMIN B6	1.4 mg (100%)	100%
GINGER ROOT EXTRACT DER 4:1	105 mg	-
CHAMOMILE FLOWER EXTRACT DER 4:1	60 mg	-
		40%
CALCIUM	320 mg (40%)	40%
MAGNESIUM	150 mg (40%)	-
INULIN	200 mg	

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PRENALEN MULTIVIT

DOSAGE: 1 tablet daily CONTENT: 30 tablets

Prenalen Multivit is a premium combination of vitamins and minerals of guaranteed European origin. It provides the optimal levels of active ingredients to support both you and your baby during pregnancy and the months leading up to it.

Its carefully selected nutrients support the circulatory and nervous systems, while folic acid contributes to the proper development of the placenta and fetus.



Content of vitamins, minerals and other active ingredients in 1 tablet (%NRV)		
BIOTIN	50 µg	100%
FOLIC ACID	400 µg	200%
PANTOTHENIC ACID	6 mg	100%
NIACIN	16 mg	100%
THIAMINE	1,1 mg	100%
VITAMIN B12	2,5 µg	100%
RIBOFLAWIN	1,4 mg	100%
VITAMIN B6	1,4 mg	100%
VITAMIN C	110 mg	137,5%
VITAMIN E	12 mg	100%
VITAMIN D3	5 µg	100%
IRON	14 mg	100%
IODINE	150 µg	100%
ZINC	7 mg	70%
COPPER	0,6 mg	60%
SELENIUM	27,5 µg	50%
MANGANESE	1 mg	50%

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PRENALEN MAG-FOL

DOSAGE: 1-2 tablets a day CONTENT: 30 tablets

Prenalen Mag-Fol is an ideal supplement for pregnant and breastfeeding women. It combines magnesium, folic acid, and vitamin B6 to support both mother and child.

Magnesium supports the proper functioning of the nervous system, helps prevent muscle spasms, and maintains healthy teeth and bones.

Folic acid helps reduce the risk of neural tube defects in the child and contributes to the reduction of tiredness and fatigue.

Vitamin B6 supports normal red blood cell formation and the proper functioning of the nervous system.

Content of vitamins, minerals and other active ingredients in 1 tablet: (%NRV)

MAGNESIUM	187,5 mg	50%
VITAMIN B6	0,7 mg	50%
FOLIC ACID	200 ug	100%

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



PRENALEN RHINITIS

DOSAGE: 1 to 3 dose up to 5 times a day CONTENT: 20 ml

Prenalen Rhinitis is an isotonic sea salt solution enriched with hyaluronic acid, D-panthenol, and essential oils, designed for the treatment of dry nose and rhinitis.

It helps reduce nasal secretions, soothes irritation, and makes breathing easier. The isotonic sea salt solution gently cleanses and cares for the nasal mucosa, ensuring it stays properly nourished and hydrated.

SEA SALT
HYALURONIC ACID
PANTHENOL
EUCALYPTUS ESSENTIAL OIL
PEPPERMINT ESSENTIAL OIL





PRENALEN POSITIVE MUM

DOSAGE: 1 tablet daily CONTENT: 20 eff tablets

Prenalen® POSITIVE Mum is a unique formula rich in natural ingredients such as lavender and lemon balm extracts. Designed for pregnant and breastfeeding women, it surrounds you with soothing care, helping maintain calmness, balance of body and mind, and positive energy throughout the day.

Ingredients in Prenalen POSITIVE Mum support psychological functions and help maintain a positive mood, allowing you to enjoy precious moments at every stage of motherhood. This is particularly important due to the phenomenon of baby blues, experienced by over 85% of new mothers. In such situations, it is worth supporting your body and well-being with products specifically formulated for pregnant and breastfeeding women.

Content of vitamins, minerals and other active ingredients in 1 tablet (%NRV)

VITAMIN C (ESTER C*)	40 mg	50%
NIACIN	16 mg	100%
THIAMINE	1,1 mg	100%
VITAMIN B12	2,5 µg	100%
VITAMIN B6	1,4 mg	100%
MAGNESIUM	112,5 mg	30%
LEMON BALM EXTRACT	100 mg	-
DER 10:1		
NARROW-LEAVED	200 mg	-
LA VENDER EXTRACT DER 4:1		

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



PRENALEN THROAT

DOSAGE: 1 to 5 lozenges a day FLAVOUR: orange

Prenalen Throat Lozenges support the health of the mucous membranes in the mouth and throat. Natural ingredients such as propolis and raspberry fruit, combined with vitamin C, contribute to the proper functioning of the immune system. The propolis used is of controlled microbiological quality and standardized phenolic-flavonoid content.

Content of vitamins, minerals and other active ingredients in 1 lozenge: (% NRV)

VITAMIN C (Ester-C*)	20 mg	25 %
DRY PROPOLIS EXTRACT DR 1,5-2.1	30 mg	-
including FLAVONOIDS	0,75 mg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



PRENALEN THROAT IMMUNO

DOSAGE: 1 to 5 lozenges a day FLAVOUR: orange - lemon

Prenalen Throat Immuno lozenges – sugar-free and specially formulated for expectant mothers, support for the natural immunity of the throat mucosa.

Prenalen Throat Immuno contains propolis extract standardized for polyphenol content. Vitamin C – supports the proper functioning of the immune system.

Content of vitamins, minerals and other active ingredients in 1 lozenge: (% NRV)

VITAMIN C (ESTER-C*)	20 MG	25%
DRY PROPOLIS EXTRACT	30 MG	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



CHIRO-D 2000 & 4000

DOSAGE: 1 tablet daily CONTENT: 30 tablets

Chiro-D is dietary supplement in form of easy-to-swallow tablets containing high dose of Vitamin D3. Vitamin D3 supplementation is recommended in case of its deficiency, weakened immunity, osteoporosis and malabsorption of calcium and phosphorus, especially during winter months.

Content of active ingredients in 1 tablet: (%NRV)

VITAMIN D3	50 mcg - 2000 IU 100 mcg - 4000 IU
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*NRV - DAILY REFERENCE INTAKES FOR VITAMINS (ADULTS)



CHIROFOL

DOSAGE: 1 tablet a day CONTENT: 30 tablets

Chirofol in form of easy-to-swallow tablets contains methyl tetrahydrofolate with high dose of vitamins B6 and B12. Vitamin B12 contributes to normal homocysteine metabolism, reduction of tiredness and fatigue and plays a role in the process of cell division. Vitamin B6 contributes to normal energy-yielding metabolism, normal red blood cell formation and regulation of hormonal activity. Vitamin B6 contributes in prevention of morning sickness.

Content of vitamins, minerals and other active ingredients in 1 tablet: (%NRV)

VITAMIN B6	15 mg	1071% NRV*
VITAMIN B12	20 mcg	800% NRV*
FOLIC ACID OF WHICH ACTIVE FOLATE (6S)- -5-METHYLTETRAHYDROFOLIC ACID	400 mcg	200% NRV*

*NRV - DAILY NUTRIENT REFERENCE (ADULTS)



CHIRONEMIA

DOSAGE: 1 tablet a day CONTENT: 30 tablets

Tablets containing iron, lactoferrin, folic acid, vitamin C, B6 and B12. Chironemia contains iron in form of ferrous biscglycinate which contribute to formation of red blood cells and haemoglobin, reduction of tiredness and fatigue and plays a role in normal oxygen transport.

Lactoferrin is a natural protein, a transferrin that regulates the concentration of iron ions in the blood plasma and transports them to the tissues. Lactoferrin stimulates the development of a benecial intestinal microflora and together with vitamin C supports healthy immune functions.

Vitamin B6 contributes to normal energy-yielding metabolism and regulation of hormonal activity.

Folates contribution to normal psychological functions, maintenance of normal vision and reduction of fatigue.

Content of vitamins, minerals and other active ingredients in 1 tablet:

IRON	40 mg	286 % NRV*
LACTOFERRIN	10 mg	-
FOLIC ACID	400 mcg	200% NRV*
VITAMIN B12	100 mcg	4000% NRV*
VITAMIN B6	15 mg	1071% NRV*
VITAMIN C	40 mcg	50% NRV*

*NRV - DAILY NUTRIENT REFERENCE (ADULTS)



CHIROMAN

DOSAGE: 1 sachet daily CONTENT: 30 sachets

Chiroman is an orange-flavoured dissolving powder designed to support men's fertility, vitality, and hormonal balance. Its unique formula combines zinc, selenium, and manganese to promote healthy reproductive function, while L-carnitine and L-arginine boost energy and cellular performance. N-acetylcysteine (NAC) provides powerful antioxidant protection, and natural extracts like Tribulus terrestris and Maca root help maintain sexual health and natural energy.

A convenient, effective solution for men who want to feel vital, energetic, and confident every day.

Content of vitamins, minerals and other active ingredients in 1 sachet: (%NRV)

L-CARNITINE	500 mg	–
L-ARGININE	500 mg	–
N-ACETYLL-CYSTEINE (NAC)	250 mg	–
TRIBULUS TERRESTRIS FRUIT EXTRACT	250 mg	–
MACA ROOT EXTRACT	300 mg	–
GINKGO BILOBA LEAF EXTRACT	100 mg	–
SELENIUM	50 µg	91%
MAGNESIUM	350 mg	93%
VITAMINE	250 mg	2083%
ZINC	15 mg	150%

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



CHIROGYN

DOSAGE: 1 sachet daily CONTENT: 30 sachets

Chirogyn is a natural support for women's hormonal and reproductive health. With myo-inositol, D-chiro-inositol, and alpha-lipoic acid, it helps regulate menstrual cycles and manage features of PCOS. Enriched with zinc, manganese, vitamin B6, folic acid, and calcium, it supports fertility, energy metabolism, and overall well-being.

It is recommended for:

- Women seeking support in maintaining hormonal balance, particularly in cases of irregular menstrual cycles.
- Women who wish to support metabolic and reproductive health, especially those with features associated with Polycystic Ovary

Content of vitamins, minerals and other active ingredients in 1 sachet:

MYO INOSITOL	2000 mg	–
ALPHA-LIPOIC ACID	70 mg	–
D-CHIRO-INOSITOL	15 mg	–
FOLIC ACID	400 µg	200%
MANGANESE	1,8 mg	100%
VITAMIN B12	2,5 µg	100%
CALCIUM	200 mg	25%
ZINC	10 mg	100%
VITAMIN B6	1,4 mg	100%
VITAMIN D3	5 µg	100%

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ACTIFOLIN 0,8 MG / 1 MG

DOSAGE: 1 tablet a day CONTENT: 30/60/90 tablets

Actifolin® contains folic acid in a ready-to-use, highly absorbable IV-generation folate form. It provides a unique source of folates, ensuring rapid absorption and excellent bioavailability. The supplement is recommended for women of reproductive age who are planning pregnancy or are already pregnant, as well as for individuals with an increased need for folates, particularly folic acid.

Content of active ingredients in 1 tablet Actifolin 0,8 mg:

FOLIC ACID	400 ug	200% NRV*
ACTIVE FORM OF FOLATE	400 ug	200% NRV*

Content of active ingredients in 1 tablet Actifolin 1 mg:

FOLIC ACID	500 ug	250% NRV*
ACTIVE FORM OF FOLATE	500 ug	250% NRV*

*NRV - DAILY NUTRIENT REFERENCE (ADULTS)





PLUSSSZ JUNIOR

Plussz JUNIOR is a specially designed line of diet supplements for kids. Products contain vitamins of the highest quality of European origin and are suitable and safe for children above 3 years old. Carefully chosen dosages, attractive taste and natural ingredients make Plussz Junior the best choice among vitamin products for children.

PLUSSSZ IMMUNITY LOLLIPOPS

DOSAGE: 2 lollipops a day
CONTENT: 50 lollipops
FLAVOUR: fruity

PLUSSSZ MULTIVITAMIN LOLLIPOPS

DOSAGE: 2 lollipops a day
CONTENT: 50 Lollipops
FLAVOUR: raspberry

2 versions available SUGAR and SUGAR FREE !!

2 Plussz IMMUNITY Lollipops contain:

VITAMIN C	80 mg	100% NRV*
ROSEHIP EX.	200 mg	-
RASPBERRY JUICE POWDER EX.	200 mg	-

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4 Plussz MULTIVITAMIN Lollipops contain:

VITAMIN C	80 mg	100% NRV*
NIACIN (EN)	16 mg	100% NRV*
VITAMIN E (α-ET)	12 mg	100% NRV*
PANTOTHENIC ACID	6 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
VITAMIN B2 (RIBOFLAVIN)	1,4 mg	100% NRV*
VITAMIN B1 (THIAMINE)	1,1 mg	100% NRV*
FOLIC ACID	200 µg	100% NRV*
BIOTIN	50 µg	100% NRV*
VITAMIN B12	2,5 µg	100% NRV*

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PLUSSSZ JUNIOR MULTIVITAMIN COMPLEX

Plussz Junior Multivitamin Complex with tropical flavour is a preparation intended for the most demanding group of consumers - children. The composition of the product is carefully selected to meet their needs. It contains a complex of 10 most important vitamins. Plussz Junior Multivitamin Complex contains powdered fruit juice and no added sugar.

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: tropical fruit



Content of active ingredients in 1 tablet:

VITAMIN C	60 mg	75% NRV*
NIACIN	12 mg	75% NRV*
VITAMIN E	9 mg	75% NRV*
PANTOTHENIC ACID	4,5 mg	75% NRV*
VITAMIN B6	1,05 mg	75% NRV*
FOLIC ACID	150 µg	75% NRV*
BIOTIN	37,5 µg	75% NRV*
VITAMIN B12	1,875 µg	75% NRV*
THIAMINE	0,825 mg	75% NRV*
RIBOFLAVIN	1,05 mg	75% NRV*

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PLUSSSZ JUNIOR IMMUNE

Raspberry-strawberry flavoured effervescent tablets containing vitamin C, zinc and rutin that stimulate and strengthen the immune system. Product designed for children from 3 years of age. Plussz Junior Immunity Complex contains powdered fruit juice and no added sugar. Your Immune System is Your SHIELD - TAKE CARE OF IMMUNITY ALL YEAR ROUND!

Content of active ingredients in 1 tablet:

VITAMIN C	80 mg	100% NRV*
ZINC	10 mg	100% NRV*
RUTIN	15 mg	-

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DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: raspberry-strawberry



PLUSSSZ JUNIOR ELECTROLYTES COMPLEX

Plussz Junior Electrolytes Complex contains a concentration of important electrolytes (sodium, potassium, magnesium), glucose and a complex of 5 vitamins in amounts ensuring 100% of the daily Reference Intake. Recommended during hot weather, travel, sports activities, mental effort. It quenches thirst and hydrates the body.

Potassium helps in the proper functioning of muscles and the nervous system. Magnesium helps in the proper functioning of the muscles and helps reduce tiredness and weariness. Thiamin and Biotin support the proper functioning of the nervous system. Niacin helps maintain normal psychological functions. Vitamin B6 and B12 help reduce tiredness and weariness.

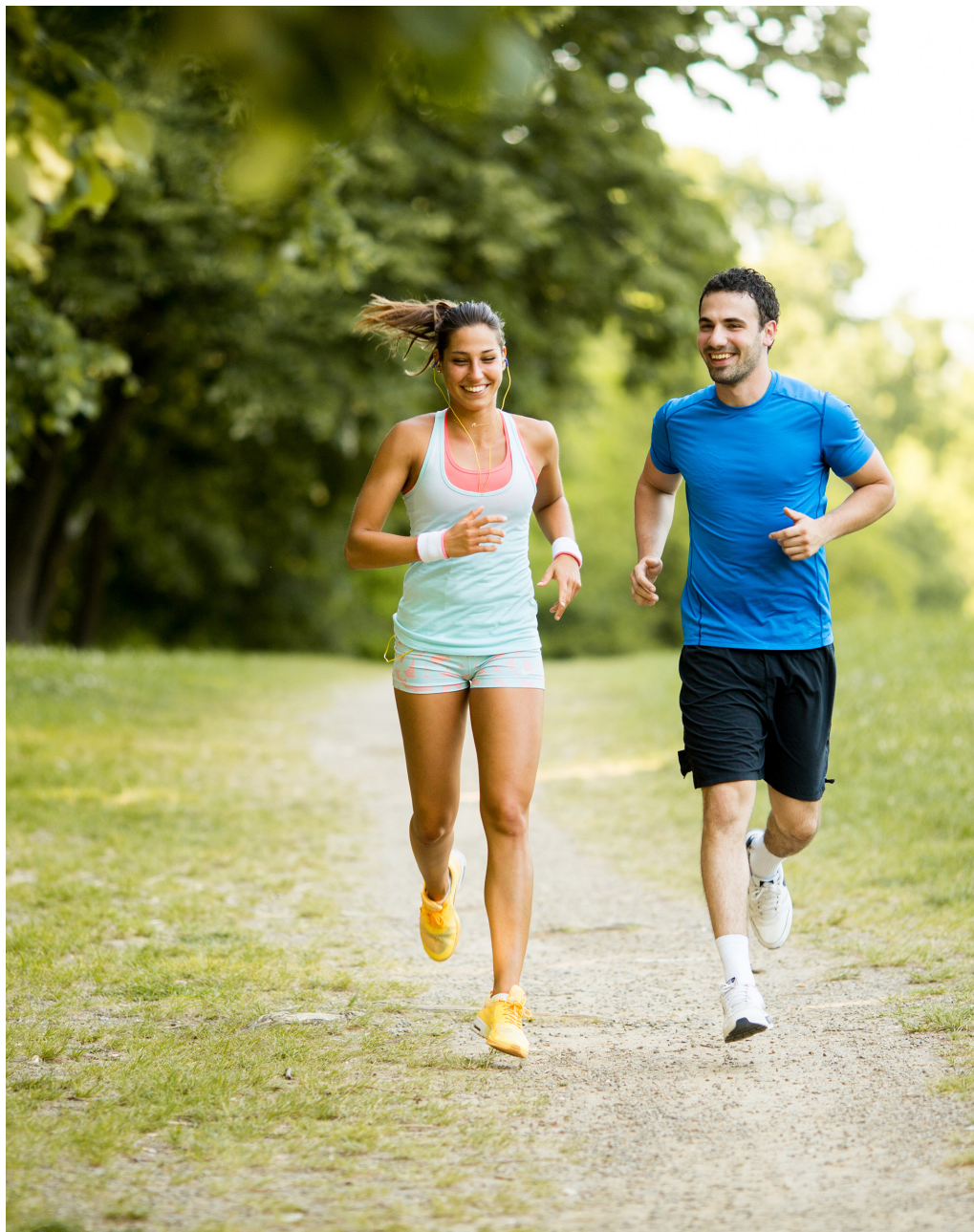
Content of active ingredients in 4 tablets:

GLUCOSE	3000 mg	—
SODIUM	580 mg	—
POTASSIUM	400 mg	20% NRV*
MAGNESIUM	240 mg	64% NRV*
NIACIN	16 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
THIAMINE	1,1 mg	100% NRV*
BIOTIN	50 µg	100% NRV*
VITAMIN B12	2,5µg	100% NRV*

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**CONTENT IN 4 EFFERVESCENT TABLETS

DOSAGE: 4 tablets a day
CONTENT: 20 eff. tablets
FLAVOUR: orange





EFFERVESCENT LINE FOR ADULTS

Plusssz is a professional brand and a leader of modern solutions in the category of vitamins and minerals. The Plusssz line consists of wide range of products designed to fulfil various needs. Innovative double-layered effervescent tablets, unique compositions and precisely selected doses of vitamins and essential minerals are the qualities that distinguish Plusssz among other products on the market.

PLUSSSZ 100% Multivitamin + ELECTROLYTES

Plussz 100% Multivitamin + Electrolytes contains 100% electro complex - a special set and concentration of all the most important electrolytes (sodium, potassium, magnesium, calcium and chlorine), glucose and a complex of 10 most important vitamins in amounts ensuring 100% of the daily Reference Intake for adults. Recommended during hot weather, travel, sports activity, mental effort, physical work, after excessive alcohol consumption, fatigue and weariness. It quenches thirst and hydrates the body.

DOSAGE: 4 tablets a day
CONTENT: 24 eff. tablets
FLAVOUR: pineapple-mango



Content of active ingredients in 4 tablets:

GLUCOSE	1600 mg	—
SODIUM	920 mg	—
POTASSIUM	400 mg	20% NRV*
CHLORINE	240 mg	30% NRV*
MAGNESIUM	240 mg	64% NRV*
CALCIUM	240 mg	30% NRV*
VITAMIN C	80 mg	100% NRV*
NIACIN	16 mg	100% NRV*
VITAMIN E	12 mg	100% NRV*
PANTOTHENIC ACID	6,0 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
RIBOFLAVIN	1,4 mg	100% NRV*
THIAMIN	1,1 mg	100% NRV*
FOLIC ACID	200 µg	100% NRV*
BIOTIN	50 µg	100% NRV*
VITAMIN B12	2,5 µg	100% NRV*
COENZYME Q10	400 µg	—

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PLUSSSZ 100% Multivitamin WOMAN COMPLEX

Plussz 100% Multivitamin WOMAN Complex is a specialist preparation containing horsetail extract and guggul root extract as well as a complex of the 10 most important vitamins providing 100% of the daily Reference Intake for adults in 1 tablet. Product contains powdered fruit juice and no added sugar. Horsetail supports hair, skin and nails. Guggul has a positive effect on the functioning of the immune system.

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: raspberry-orange



Content of active ingredients in 1 tablet:

HORSETAIL EXTRACT	50 mg	—
GUGGUL ROOT EXTRACT	50 mg	—
ZINC	5 mg	50% NRV*
SELENIUM	27,5 µg	50% NRV*
VITAMIN C	80 mg	100% NRV*
NIACIN	16 mg	100% NRV*
VITAMIN E	12 mg	100% NRV*
PANTOTHENIC ACID	6,0 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
RIBOFLAVIN	1,4 mg	100% NRV*
THIAMINE	1,1 mg	100% NRV*
FOLIC ACID	200 µg	100% NRV*
BIOTIN	50 µg	100% NRV*
VITAMIN B12	2,5 µg	100% NRV*
COENZYME Q10	400 µg	—

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PLUSSSZ 100% Multivitamin MAN COMPLEX

Plussz offers vitamins that fully meet the needs of the male body resulting from physical activity stress and stimulation. Plussz Man contains vitamins and minerals enriched with coenzyme Q10 and extract of ginseng and yerba mate to facilitate coping with a hectic modern lifestyle. Ginseng increases the body's ability to exercise, both physically and mentally. Yerba mate (Paraguay Holly) supports the body in states of fatigue. Zinc helps in maintaining proper fertility and proper reproductive functions, and helps to maintain the proper level of testosterone in the blood.

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: dewberry-orange



Content of active ingredients in 1 tablet:

GINSENG ROOT EXTRACT	50 mg	—
YERBA MATE LEAF EXTRACT	30 mg	—
ZINC	5 mg	50% NRV*
MANGANESE	1 mg	50% NRV*
SELENIUM	27,5 µg	50% NRV*
VITAMIN C	80 mg	100% NRV*
NIACIN	16 mg	100% NRV*
VITAMIN E	12 mg	100% NRV*
PANTOTHENIC ACID	6 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
RIBOFLAVIN	1,4 mg	100% NRV*
THIAMIN	1,1 mg	100% NRV*
FOLIC ACID	200 µg	100% NRV*
BIOTIN	50 µg	100% NRV*
VITAMIN B12	2,5 µg	100% NRV*
COENZYME Q10	400 µg	—

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PLUSSSZ 100% Multivitamin + IRON

Plusssz 100% Multivitamin + Iron is recommended for persons who are particularly vulnerable to iron deficiency, associated with blood loss or malabsorption of this element. Iron strengthens the body, prevents anaemia and helps transport oxygen in the body.

Plusssz 100% Multivitamin + Iron contains powdered fruit juice and no added sugar.

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: cherry-orange



Content of active ingredients in 1 tablet:

VITAMIN C	80 mg	100% NRV*
NIACIN	16 mg	100% NRV*
VITAMIN E	12 mg	100% NRV*
PANTOTHENIC ACID	6 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
RIBOFLAVIN	1,4 mg	100% NRV*
THIAMIN	1,1 mg	100% NRV*
FOLIC ACID	200 µg	100% NRV*
BIOTIN	50 µg	100% NRV*
VITAMIN B12	2,5 µg	100% NRV*
IRON	7 mg	50% NRV*
COENZYME Q10	400 µg	—

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

PLUSSSZ 100% Multivitamin + MAGNESIUM

Plusssz 100% Multivitamin + Magnesium is recommended for persons who are particularly vulnerable to deficiencies of magnesium due to stress or improper diet. Magnesium strengthens the nervous system, prevents muscle spasms, and increases resistance to stress.

Plusssz 100% Multivitamin + Magnesium contains powdered fruit juice and no added sugar.

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: mango-orange



Content of active ingredients in 1 tablet:

VITAMIN C	80 mg	100% NRV*
NIACIN	16 mg	100% NRV*
VITAMIN E	12 mg	100% NRV*
PANTOTHENIC ACID	6 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
RIBOFLAVIN	1,4 mg	100% NRV*
THIAMIN	1,1 mg	100% NRV*
FOLIC ACID	200 µg	100% NRV*
BIOTIN	50 µg	100% NRV*
VITAMIN B12	2,5 µg	100% NRV*
MAGNESIUM	187,5 mg	50% NRV*
COENZYME Q10	400 µg	—

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

PLUSSSZ 100% Multivitamin + MINERALS

Plusssz 100 % Multivitamin + Minerals is recommended during increased demand for vitamins and minerals, during intense physical and mental activity. The composition of magnesium, calcium, zinc, selenium and potassium contained in one tablet supplements deficiencies in the daily diet.

Plusssz 100% Multivitamin + Minerals contains powdered fruit juice and no added sugar.

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: mango-orange



Content of active ingredients in 1 tablet:

VITAMIN C	80 mg	100% NRV*
NIACIN	16 mg	100% NRV*
VITAMIN E	12 mg	100% NRV*
PANTOTHENIC ACID	6,0 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
RIBOFLAVIN	1,4 mg	100% NRV*
THIAMINE	1,1 mg	100% NRV*
FOLIC ACID	200 µg	100% NRV*
BIOTIN	50 µg	100% NRV*
VITAMIN B12	2,5 µg	100% NRV*
CALCIUM	120 mg	15% NRV*
MAGNESIUM	56,25 mg	15% NRV*
ZINC	1,5 mg	15 % NRV*
SELENIUM	8,25 µg	15% NRV*
COPPER	0,15 mg	15% NRV*
COENZYME Q10	400 µg	—

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

PLUSSSZ 100% Multivitamin + GINSENG

Plussz 100% Multivitamin + Ginseng is recommended for persons who feel general tiredness and fatigue. Ginseng, increases stamina and physical endurance, helps to activate the body and slows the aging process. Plussz 100% Multivitamin + Ginseng contains powdered fruit juice and no added sugar.

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: forest fruit



Content of active ingredients in 1 tablet:

VITAMIN C	80 mg	100% NRV*
NIACIN	16 mg	100% NRV*
VITAMIN E	12 mg	100% NRV*
PANTOTHENIC ACID	6 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
RIBOFLAVIN	1,4 mg	100% NRV*
THIAMIN	1,1 mg	100% NRV*
FOLIC ACID	200 µg	100% NRV*
BIOTIN	50 µg	100% NRV*
VITAMIN B12	2,5 µg	100% NRV*
GINSENG EXTRACT	100 mg	—
COENZYME Q10	400 µg	—

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

PLUSSSZ IMMUNE ADVANCE

Plussz Immune Advance is a preparation created for adults. It contains 100% Immuno Complex – a specially selected set of ingredients that help support the immune system, including vitamins C (1000 mg), D3, E, B-complex, as well as essential minerals – zinc and selenium – and natural ingredients such as Pelargonium sidoides, elderberry extract, and rutin.

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: raspberry-dewberry



Content of active ingredients in 1 tablet:

VITAMIN C	1000 mg	1250% NRV*
VITAMIN E	12 mg	100% NRV*
THIAMINE	1,1 mg	100% NRV*
RIBOFLAVIN	1,4 mg	100% NRV*
NIACIN	16 mg	100% NRV*
PANTOTHENIC ACID	6 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
BIOTIN	50 µg	100% NRV*
FOLIC ACID	200 µg	100% NRV*
VITAMIN B12	2,5 µg	100% NRV*
VITAMIN D3	25 µg	100% NRV*
SELENIUM	55 µg	100% NRV*
ZINC	10 mg	100% NRV*
PELARGONIUM EXTRACT	20 mg	-
ELDERBERRY EXTRACT	20 mg	-
RUTIN		-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

PLUSSSZ IMMUNE

Plussz Immune is a preparation designed for adults. Product contains Immuno complex - a special set of ingredients supporting immunity, including zinc, selenium, vitamin D3, C, B12, as well as elderberry and rutin. Plussz Immune contains powdered fruit juice and no added sugar. Your Immune System is Your SHIELD - TAKE CARE OF IMMUNITY ALL YEAR ROUND!

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: raspberry-elderberry



Content of active ingredients in 1 tablet:

VITAMIN C	25 µg	500% NRV*
VITAMIN D	160 mg	200% NRV*
ZINC	2,5 µg	100% NRV*
SELENIUM	15 mg	150% NRV*
RUTIN	55 µg	100% NRV*
ELDERBERRY EXTRACT	25 mg	-
VITAMIN B12	40 mg	-
COENZYME Q10	400 µg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

PLUSSSZ ANTI-CRAMP

PlusszAnti-Cramp contains organic salts of magnesium, providing optimum assimilation of this element in the body. In addition, our product contains 300 mg of potassium which enhances an anti-cramp effect, and a complex of B vitamins, which provides 100% of the daily requirement of vitamin B1, B3, B6 and B12 ensuring better assimilation of magnesium. Plussz Anti-Cramp contains powdered fruit juice and no added sugar.

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: orange-grapefruit



Content of active ingredients in 1 tablet:

MAGNESIUM	187,5 mg	50% NRV*
POTASSIUM	300 mg	15% NRV*
THIAMINE	1,1 mg	100% NRV*
NIACIN	16 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
VITAMIN B12	2,5 µg	100% NRV*
BIOTIN	50 µg	100% NRV*
COENZYME Q10	400 µg	—

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

PLUSSSZ MAGNESIUM FORTE

Plussz Magnesium Forte is recommended for persons who are particularly vulnerable to magnesium deficiency due to stress, increased physical and mental effort or improper diet. The dose of magnesium (375 mg) contained in one tablet supplements your diet with 100% of the body's daily requirement for this element, a high dose of vitamins of the B group also ensure its better assimilation. Plussz Magnesium Forte contains powdered fruit juice and no added sugar.

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: orange-grapefruit



Content of active ingredients in 1 tablet:

MAGNESIUM	375 mg	100% NRV*
THIAMINE	1,1 mg	100% NRV*
NIACIN	16 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
VITAMIN B12	2,5 µg	100% NRV*
BIOTIN	50 µg	100% NRV*
COENZYME Q10	400 µg	—

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

PLUSSSZ ACTIVE 100% ENERGY COMPLEX

Plussz Active 100% Energy Complex is a specialist preparation containing guarana, bacopa and yerba mate. In addition, it has caffeine, magnesium and a complex of the 10 most important vitamins providing 100% of the daily Reference Intake for adults. Recommended for people who feel tired and weary and in times of increased physical* and mental effort. Ingredients accelerate and streamline the processes of memorising, concentration and perception. Yerba mate helps in reducing the feeling of physical and mental fatigue. Bacopa helps improve cogentration and memory. Guarana helps in reducing fatigue. Caffeine helps improve concentration.

DOSAGE: 2 tablets a day
CONTENT: 20 eff. tablets
FLAVOUR: fruity



Content of active ingredients in 2 tablets:

MAGNESIUM	56,25 mg	15% NRV*
GUARANA EXTRACT	40 mg	—
BACOPA MONIERI EXTRACT	40 mg	—
YERBA MATE EXTRACT	40 mg	—
CAFFEINE	200 mg	—
VITAMIN C	80 mg	100% NRV*
NIACIN	16 mg	100% NRV*
VITAMIN E	12 mg	100% NRV*
PANTOTHENIC ACID	6,0 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
RIBOFLAVIN	1,4 mg	100% NRV*
THIAMINE	1,1 mg	100% NRV*
FOLIC ACID	200 µg	100% NRV*
BIOTIN	50 µg	100% NRV*
VITAMIN B12	2,5 µg	100% NRV*
COENZYME Q10	400 µg	—

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

PLUSSSZ MAGNESIUM CRAMP CITRATE

Plussz Magnesium CRAMP CITRATE is recommended for persons who are particularly vulnerable to deficiencies of magnesium due to stress or improper diet. Magnesium combined with potassium prevents muscle spasms. Magnesium citrate supplements are generally a lot more readily absorbed by the body than other forms of magnesium. As such, always choose the most bioavailable form of magnesium for the best effects and results.

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: lemon-orange



Content of active ingredients in 1 tablet:

MAGNESIUM	187,5 mg	50% NRV*
POTASSIUM	300 mg	15% NRV*
VITAMIN B6	1,4 mg	100% NRV*
COENZYME Q10	400 µg	—

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

PLUSSSZ MAGNESIUM FORTE CITRATE

Plussz Magnesium FORTE CITRATE is recommended for persons who are particularly vulnerable to deficiencies of magnesium due to stress or improper diet. Magnesium strengthens the nervous system, prevents muscle spasms, and increases resistance to stress. Magnesium citrate supplements are generally a lot more readily absorbed by the body than other forms of magnesium. As such, always choose the most bioavailable form of magnesium for the best effects and results.

DOSAGE: 1 tablet a day
CONTENT: 20 eff. tablets
FLAVOUR: orange - maracuja



Content of active ingredients in 1 tablet:

MAGNESIUM	375 mg	100% NRV*
VITAMIN B6	1,4 mg	100% NRV*
COENZYME Q10	400 µg	—

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



PLUSSSZ ASHWAGANDHA HARMONY COMPLEX

Plussz Ashwagandha Harmony Complex contains 600 mg of ashwagandha root extract per recommended daily dose.

Ashwagandha helps the body cope with stress, supports emotional balance, and promotes overall mental and physical well-being. In addition, the product contains magnesium, coenzyme Q10, vitamins C and E, and eight B vitamins, including a high dose (200% NRV) of vitamins B6 and B12, which contribute to the regulation of hormonal activity.

DOSAGE: 1 tablet a day
CONTENT: 10 eff. tablets
FLAVOUR: orange-lemon



Content of active ingredients in 1 tablet:

VITAMIN C	80 mg	100%
NIACIN	16 mg	100%
VITAMIN E	12 mg	100%
PANTOTHENIC ACID	6 mg	100%
VITAMIN B6	2,8 mg	200%
RIBOFLAVIN	1,4 mg	100%
THIAMINE	1,1 mg	100%
FOLIC ACID	200 µg	100%
BIOTIN	50 µg	100%
VITAMIN B12	5 µg	200%
MAGNESIUM	112,5 mg	30%
ASHWAGANDHA EXTRACT (WITHANIA SOMNIFERA)	600 mg	-
COENZYME Q10	400 µg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

PLUSSSZ ELECTROLYTES SPORT

Plussz Electrolytes SPORT 100% Complex is a professional preparation created for physically active people. The formula is based on the slow-release carbohydrate PALATINOSE™, which provides a smaller and more balanced increase in blood glucose levels. Thanks to its low glycaemic index (GI), it remains in the bloodstream longer – both during physical activity and after exercise, supporting sustained energy and faster recovery.

The preparation contains a complete set of electrolytes – sodium, potassium, magnesium, calcium, and chlorine – as well as manganese, collagen, and vitamin C, which together support muscle performance, regeneration, and immunity.

DOSAGE: 3 tablets a day
CONTENT: 24 eff. tablets
FLAVOUR: lemon-grapefruit



Content of active ingredients in 3 tablets:

VITAMIN C	200 mg	250%
MAGNESIUM	187,5 mg	50%
CALCIUM	200mg	25%
CHLORIDE	200 mg	25%
MANGANESE	0,5 mg	25%
POTASSIUM	300 mg	15%
SODIUM	600 mg	-
COLLAGEN	15 mg	-
COENZYME Q10	400 µg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

PLUSSSZ ELECTROLYTES SENIOR

Plussz Electrolytes Senior 100% Complex is a specialized formula designed specifically for the needs of older adults. It provides a complete set of key electrolytes – sodium, potassium, magnesium, calcium, and chloride – combined with butcher's broom extract, which supports proper circulation in the lower limbs. The formula also includes vitamins B6 and B12, which help maintain normal psychological functions and reduce tiredness and fatigue.

The product is without added sugar and contains potassium, which helps maintain normal blood pressure.

DOSAGE: 2 tablets a day
CONTENT: 20 eff. tablets
FLAVOUR: raspberry-lemon



Content of active ingredients in 2 tablets:

VITAMIN B6	1,4 mg	100%
VITAMIN B12	2,5 µg	100%
SODIUM	200 mg	-
POTASSIUM	500 mg	25%
CHLORIDE	160 mg	20%
CALCIUM	200 mg	25%
MAGNESIUM	93,75 mg	25%
COENZYME Q10	400 µg	-
BUTCHER BROOM ROOT EXTRACT (RUSCUS ACULEATUS L.)	20 mg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



PLUSSSZ UP COLLAGEN BEAUTY SHOT

Raspberry–Grape–Blackcurrant non-carbonated drink enriched with hydrolyzed collagen, hyaluronic acid, vitamins C and E, niacin, and biotin. Plusssz Up Collagen Beauty Shot is a concentrated formula containing hydrolyzed collagen — smaller collagen molecules that are more easily absorbed by the body, allowing them to reach the areas where they are most needed, faster and more effectively.

Content of vitamins and other active ingredients in the recommended daily serving – 50 ml (one bottle) (% of the Reference Intake – for adults)

VITAMIN C	100 mg	125%
FISH COLLAGEN	5000 mg	-
HYALURONIC ACID	50 mg	-
VITAMIN E	6 mg	50%
BIOTIN	50 µg	100%
NIACIN	8 mg	50%



PLUSSSZ UP ACTIVE SHOT

Grapefruit-flavored non-carbonated energy drink with magnesium, caffeine, and plant extracts. Caffeine naturally stimulates the central nervous system, enhancing alertness, focus, and reaction time. Guarana, sourced from the seeds of the Amazonian Paullinia cupana, supports mental and physical performance, boosting energy during fatigue. Ginkgo biloba improves blood circulation to the brain, helping maintain cognitive function, focus, and memory. Magnesium, an essential mineral for energy metabolism, reduces tiredness and supports overall vitality.

Content of vitamins and other active ingredients in the recommended daily serving – 50 ml (one bottle) (% of the Reference Intake – for adults)

CAFFEINE	100 mg	-
GUARANA EXTRACT	100 mg	-
GINGKO BILOBA	200 mg	-
MAGNESIUM	187,5 mg	50%



PLUSSSZ UP IMMUNE SHOT

Blackcurrant-flavored non-carbonated drink with vitamin C and zinc. Boost your daily defense with Plusssz Up Immunity Shot — a concentrated formula that supports your immune system, protects cells from oxidative stress, and helps reduce fatigue. Vitamin C supports immune function, energy metabolism, blood vessel health, and iron absorption, while helping protect cells from oxidative stress and reducing tiredness.* Zinc contributes to healthy bones and supports normal immune system function.

Content of vitamins and other active ingredients in the recommended daily serving – 50 ml (one bottle) (% of the Reference Intake – for adults)

VITAMIN C	1000 mg	1250%
ZINC	15 mg	150%



PLUSSSZ UP NEURO BOOST SHOT

Raspberry-flavored non-carbonated drink enriched with B vitamins. Vitamins B6 and B12 support the nervous system, neurotransmitter function, and reduce fatigue.* Thiamine (B1) boosts mood, focus, cognitive performance, and energy from carbs.* Riboflavin (B2) and Niacin (B3) aid energy metabolism and support skin, eyes, and cellular health.* Pantothenic Acid (B5) enhances memory, focus, alertness, and hormone synthesis, mental performance, including memory, focus, and alertness, and plays a key role

Content of vitamins and other active ingredients in the recommended daily serving – 50 ml (one bottle) (% of the Reference Intake – for adults)

VITAMIN B12	100 µg	4000%
VITAMIN B6	4,2 mg	300%
THIAMINE	3,3 mg	300%
BIOTIN	150 µg	300%
FOLIC ACID	400 µg	200%
PANTOTHENIC ACID	12 mg	200%



PLUSSSZ UP MAGNESIUM 100% CITRATE SHOT

Mango-flavored non-carbonated drink with magnesium and vitamins. Organic Magnesium Citrate delivers a highly absorbable form of magnesium, essential for metabolism, enzyme function, and overall health. Magnesium helps maintain muscle function, supports protein synthesis, contributes to healthy bones, and plays a role in cell division

Content of vitamins and other active ingredients in the recommended daily serving – 50 ml (one bottle) (% of the Reference Intake – for adults)

MAGNESIUM	375 mg	100%
VITAMIN B6	1,4 mg	100%
VITAMIN B12	2,5 µg	100%



Dr Vitt LINE

Dr Vitt as our second effervescent brand gives a fresh look and surprises with genuine flavors. Get Your tasty drink with active ingredients you require.



DR Vitt IMMUNITY LINE

Dr Vitt line delivers high dosage of vitamin C and other active ingredients that boost the immune system of Your body. For decades vitamin D, zinc, Echinacea or Sambucus have been known to help fighting cold and flu.

Dr VITT IMUN MAX is the best solution for people preferring traditional tablets to swallow. Easy-to-swallow tablets contain Vitamin C, zinc, vitamin D and elderberry extract. Dr Vitt Imun Max is Your great ally in fight against cold and flu. Active ingredients are commonly known to strengthen the immune system.



Content of active ingredients in 1 tablet:

VITAMIN C	300 mg	375 % NRV*
VITAMIN D	50 mg	1000 % NRV*
ZINC	10 mg	100 % NRV*
SAMBUCUS NIGRA EX.	50 mg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

DOSAGE: 1-2 tablets a day
CONTENT: 30 tablets



VITAMIN C	1000 mg	1250% NRV*
VITAMIN D	50 mcg	1000% NRV*
ELDERBERRY EX.	50 mg	-
ZINC	10 mg	100% NRV*

DOSAGE: 1 tablets a day
CONTENT: 20 eff. tablets
FLAVOUR: orange

Dr Vitt MG+B6, B-COMPLEX, VITAMIN C 500 mg

Dr Vitt – your complete daily support: minerals, vitamins, and immune protection in perfect harmony.
Dr Vitt Magnesium + B6 – Supports muscle function, energy metabolism, and nervous system health.
Dr Vitt B-Complex – Provides essential B vitamins to boost vitality, mental clarity, and overall well-being.
Dr Vitt Vitamin C 500 mg – Strengthens immunity and fights oxidative stress for daily protection.

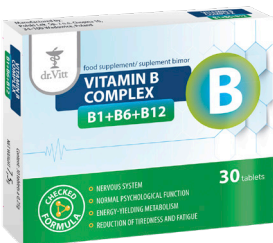
Content of active ingredients in 1 tablet: (% NRV)

MAGNESIUM	56,25 MG	15%	VITAMIN B1	1,1 MG	100%	VITAMIN C	500 MG	625%
VITAMIN B6	1,4 MG	100%	VITAMIN B6	1,4 MG	100%			
			VITAMIN B12	2,5 MG	100%			

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



DOSAGE: 1-2 tablets a day
CONTENT: 30 tablets



DOSAGE: 1 tablet a day
CONTENT: 30 tablets



DOSAGE: 1 tablet a day
CONTENT: 30 tablets

DR Vitt ZINC 15 mg

Zinc tablets provide a convenient and tasty source of zinc, an essential mineral that contributes to multiple aspects of daily health and well-being:

- Zinc contributes to the proper functioning of the immune system, helping the body defend itself against everyday challenges
- Zinc plays an important role in normal protein and carbohydrate metabolism, supporting the body's energy production and overall efficiency
- Zinc supports the health of skin, hair, nails, and other tissues, contributing to overall vitality.



Content of active ingredients in 1 tablet:

ZINC	15 mg	150% NRV*
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*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

DOSAGE: 1 tablet a day
CONTENT: 30 tablets/ 15 eff tablets



DR Vitt SILYMARIN

Silymarin Tablets is a dietary supplement intended for people experiencing digestive discomfort.

Milk thistle (Silybum marianum L.) supports normal liver function and helps maintain the liver's natural detoxifying processes. It has a protective effect on the liver and supports the regeneration of liver cells. Proper liver function is essential for overall health, as the liver is involved in many processes that affect the body's proper functioning.



Content of active ingredients in 1/2 tablet:

MILK THISTLE EXTRACT	15 mg
OF WHICH SYLMARIN	35 mg

DOSAGE: 1/2 tablet a day
CONTENT: 30 tablets



VERBASCON

Verbascon is an innovative product line developed to effectively combat colds and flu. The complementary range of products is based on natural ingredients, including extracts from common mullein and African geranium, which have proven antiviral, antibacterial, anti-inflammatory, immunostimulant, and antioxidant effects. A carefully selected set of ingredients helps alleviate symptoms and speed up the recovery process.



VERBASCON KIDS

DOSAGE: 1 or 2 sachets per day CONTENT: 10 sachets FLAVOUR: raspberry

Verbascon Kids is specially developed formulation that is safe for kids. Verbascon formula is a unique combination of plant extracts enriched with active substances like zinc and vitamin C. Composition is based on action of natural ingredients such as elderberry, mullein and echinacea, which help to mitigate problems with respiratory system such as cough and throat irritations.

Content of active ingredients in 1 sachet:

COMMON VERBENA HERB EXTRACT (VERBENA OFFICINALIS L.)	30 mg	—
ELDERBERRY FLOWER EXTRACT (SAMBUCUS NIGRA L.)	20 mg	—
GREAT MULLEIN FLOWER EXTRACT (VERBASCON THAPSUS L.)	20 mg	—
ECHINACEA PURPUREA HERB EXTRACT (ECHINACEA PURPUREA L.)	20 mg	—
VITAMIN C	40 mg	50% NRV*
ZINC	5 mg	50% NRV*

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



VERBASCON

DOSAGE: 2 sachets per day CONTENT: 10 sachets FLAVOUR: raspberry

Verbascon is your ally in the fight against colds, flu and coughs. Verbascon formula is the unique combination of plant extracts enriched with active substances like selenium, zinc and vitamin C. Composition is based on an action of natural ingredients such as elderberry, mullein and verbena, which help to mitigate problems with the respiratory system such as coughs and throat irritations.

Content of active ingredients in 1 sachet:

COMMON VERBENA EXTRACT (VERBENA OFFICINALIS L.)	60 mg	—
ECHINACEA PURPUREA HERB EXTRACT (ECHINACEA PURPUREA L.)	20 mg	—
ELDERBERRY FLOWER EXTRACT (SAMBUCUS NIGRA L.)	20 mg	—
GREAT MULLEIN FLOWER EX (VERBASCON THAPSUS L.)	20 mg	—
VITAMIN C	250 mg	312,5% NRV*
ZINC	5 mg	50% NRV*
SELENIUM	27,5µg	50% NRV*
RUTIN	12,5 mg	—

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



NEW

VERBASCON GRIP HOT SINUS

DOSAGE: 2 sachets a day CONTENT: 10 sachets FLAVOUR: lemon-mint

The formulation is based on the action of natural ingredients such as black elderflower, common vervain herb, purple coneflower herb, and peppermint leaves, which help support the respiratory system.

Content of active ingredients in 1 sachet

EXTRACT OF SMALL-FLOWERED MULLEIN FLOWER (VERBASCON THAPSUS L.) DER 4:1	30 mg	-
EXTRACT OF BLACK ELDERFLOWER (SAMBUCUS NIGRA L.) DER 4:1	30 mg	-
EXTRACT OF COMMON VERVAIN HERB (VERBENA OFFICINALIS L.) DER 4:1	30 mg	-
EXTRACT OF PURPLE CONEFLOWER HERB (ECHINACEA PURPUREA L.) DER 4:1	30 mg	-
EXTRACT OF PRIMROSE FLOWER (PRIMULA OFFICINALIS L.) DER 10:1	30 mg	-
EXTRACT OF ANDROGRAPHIS PANICULATA HERB (ANDROGRAPHIS PANICULATA WALL EX. NEES) DER 10:1	20 mg	-
EXTRACT OF PEPPERMINT LEAVES (MENTHA PIPERITA L.) DER 4:1	15 mg	-
ZINC	5 mg	50%
VITAMIN C	40 mg	50%
RUTIN	10 mg	-



VERBASCON SINUS

DOSAGE: 2 tablets a day CONTENT: 30 tablets

Your ally in combat against problems with sinusitis that also helps to relieve upper respiratory tract problems. Verbascon contains a unique Sinuplant complex composed of effectively acting plant extracts.

Content of active ingredients in 1 tablet:

EXTRACT FROM HERB OF ANDROGRAPHIS PANICULATA	20 mg
SINUPLANT COMPLEX:	
COMMON MULLEIN FLOWER EXTRACT	40 mg
ELDERBERRY FLOWER EXTRACT	40 mg
COMMON VERBENA HERB EXTRACT	60 mg
ECHINACEA PURPUREA HERB EXTRACT	20 mg
COMMON COWSLIP FLOWER EXTRACT	20 mg



VERBASCON RHINITIS

CONTENT: 20 ml

Verbascon Rhinitis Nasal spray is an isotonic solution of sea salt with the addition of natural and safe ingredients such as hyaluronic acid, D-panthenol and essential oils, intended for the treatment of dry nose and rhinitis. Spray cleans the nasal mucosa and cares of its adequate moisture, soothes irritations associated with inflammation and swelling in the nose.

SEA SALT
HIALURONIC ACID
D-PANTHENOL
EUCALYPTUS ESSENTIAL OIL
MINTS ESSENTIAL OIL



ACETYL-CYSTEINE EFF. TABLETS

N-acetylcysteine (NAC) is a stable form of the non-essential amino acid cysteine. It is an amino acid that contains sulfur aiding in the production of glutathione. Glutathione is a potent antioxidant that scavenges free radicals.

Content of active ingredients in a recommended daily intake- ½ tablet (% of NRV):

N-ACETYL-L-CYSTEINE	300 mg	—
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DOSAGE: ½ tablet in 100 ml of cold water
CONTENT: 10 eff. tablets
FLAVOUR: cherry





DAILY SUPPLEMENTATION

SUNDOVIT D3 1000/2000/4000 IU

DOSAGE: 1 tablet a day

SUNDOVIT D3 is dietary supplement in form of easy-to-swallow tablets containing high dose of Vitamin D3. Vitamin D3 supplementation is recommended in case of its deficiency, weakened immunity, osteoporosis and malabsorption of calcium and phosphorus, especially during winter months.

Content of active ingredients in 1 tablet:

VITAMIN D3	25 mcg - 1000 IU
	50 mcg - 2000 IU
	125 mcg - 5000 IU

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



SUNDOVIT VITAMIN D3 2000 IU

DOSAGE: 1 capsule a day CONTENT: 60 soft capsules

Sundovit D3 2000 is a dietary supplement in form of soft gel capsules containing high dose of Vitamin D3. Supplementation is recommended in case of vitamin D3 deficiency, weakened immunity, osteoporosis and malabsorption of calcium and phosphorus. Product especially recommended during winter and autumn months.

Content of active ingredients in 1 capsule

VITAMIN D3	50 mcg - 2000 I.U.	1000% NRV*
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*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



SUNDOVIT Mg+B6+D3+K2

DOSAGE: 1 tablet a day CONTENT: 30 tablets

Sundovit Mg+B6+D3+K is a complex product containing magnesium, vitamin B6, D3 and K. That active ingredients help to maintain healthy bones and teeth. They supports proper functioning of muscles and the immune system. Vitamin D3 play s very important role in the process of cell division.

Vitamin K maintains healthy bones and helps blood to congeal.

Magnesium helps to fight fatigue and exhaustion, vitamin B6 supports the nervous system.

Content of active ingredients in 1 tablet:

MAGNESIUM	150 mg	40% NRV*
VITAMIN D	50 mg	1000 % NRV*
VITAMIN K (MK-7)	11,25 mg	15 % NRV*
VITAMIN B6	1,4 mg	100 % NRV*

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



VITAMIN D3 + K2

DOSAGE: 1 tablet a day CONTENT: 30 tablets

SUNDOVIT D3 + K2 is dietary supplement in form of easy-to-swallow tablets containing high dose of Vitamin D3 and Vitamin K2. Vitamin D3 supplementation is recommended in case of its deficiency, weakened immunity, osteoporosis and malabsorption of calcium and phosphorus. Product especially recommended during winter and autumn months. Vitamin K helps to maintain healthy bones and contributes to proper blood coagulation.

Content of active ingredients in 1 tablet:

VITAMIN K2 - MK7	75 mcg	100% NRV*
VITAMIN D3	50 mcg - 2000 I.U.	1000% NRV*

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)





BOBOLEN

Bobolen is a line of products designed specifically for infants and toddlers needs. The ingredients are of the highest quality and purity. Vitamins contained in products are exclusive of European origin and from the most reputable suppliers.

BOBOLEN MARSHMALLOW SYRUP

DOSAGE: 1 teaspoon (3-5 ml) CONTENT: 115 ml FLAVOUR: raspberry
4 times a day

Bobolen Cough syrup is a medical device containing glycerol and marshmallow extract, recommended for use in dry irritant cough, sore throat, irritation and dryness of the throat mucous membranes, and hoarseness caused by excessive load on the vocal cords. Bobolen dry cough syrup is created for children over 1 year of age and adults.
No added: sugar, dyes, flavors.

- GLYCEROL
- MARSHMALLOW ROOT EXTRACT DER 3-4:1 (0,55% m/m)



BOBOLEN ICELANDIC MOSS SYRUP

DOSAGE: 1 teaspoon (5 ml) CONTENT: 120 ml FLAVOUR: raspberry
1 to 2 times a day

Bobolen Cough syrup is a medical device containing Icelandic moss extract, recommended for use in dry irritant cough, sore throat, irritation and dryness of the throat mucous membranes, and hoarseness caused by excessive load on the vocal cords.

- ICELANDIC MOSS EXTRACT
- ZINC
- RASPBERRY JUICE



BOBOLEN VITAMIN D DROPS

DOSAGE: Infants under 12 months: 1 drop CONTENT: 20 ml
 Children over 12 months: 2 drops

Vitamin D plays a crucial role in supporting the overall health and development of infants and children. It contributes to the proper functioning of the immune system, helping the body defend against infections. Vitamin D is essential for the growth and mineralization of bones, supporting the absorption of calcium and phosphorus, which are vital for strong teeth and skeletal development. Adequate levels of vitamin D in early life are important for maintaining normal muscle function and

The content of vitamins – 1 or 2 drops (% daily Nutrient Reference Value (Adults))

VITAMIN D	1 drop	10 µg – 400 IU	200%
	2 drops	20 µg – 800 IU	400%



SOLBABY AROMA PATCHES

CONTENT: 5 patches

Adhesive aroma patches containing a special composition of essential oils. Unique layered construction provides slow release of soothing scent up to 8 hours. Patches are soaked with following oils:

- eukalyptus oil
- pepper mint oil
- pine oil
- lemon oil
- orange oil
- rosemary oil
- anise oil
- clove oil



FINSLA

DOSAGE: 1 lozenge, 1-4 times daily CONTENT: 24 pastilles

FINSLA is a dietary supplement based on natural ingredients, including Iceland moss, marshmallow, and small-leaved mullein.

Iceland moss extract provides a protective and soothing effect on the mucous membranes of the respiratory tract, helping to reduce cough reflexes.

The combination of ingredients helps restore the natural protective function of the mucous membranes, alleviating irritation and discomfort. FINSLA supports relief from dry throat, hoarseness, and dry cough, and helps improve voice emission, making it especially beneficial for individuals who strain their vocal cords, such as singers, lecturers, teachers, and public speakers.

It also helps soothe irritation caused by dry air, commonly experienced in heated or air-conditioned environments.

Content of active ingredients in 1 pastille:

ICELAND MOSS EXTRACT (CATERIA ISLANDICA)	25 mg
MARSHMALLOW EXTRACT (ALTHAE OFFICINALIS)	30 mg
SMALL-LEAVED MULLEIN EXTRACT (VERBASCUM THAPSUS)	10 mg
HIALURONIC ACID	1 mg





VITAL SENIOR

As we age, our bodies need a little extra care to keep us feeling strong, focused, and energized. That's why we created VITAL Senior — a complete line of advanced nutritional supplements designed specifically for older adults.

Whether you want to sleep better, support your joints and muscles, maintain cognitive sharpness, or care for your heart, liver, and overall vitality, there's a VITAL Senior product tailored to your needs:

VITAL SENIOR NEURO BALANCE

DOSAGE: 1 tablet a day CONTENT: 30 tablets

VITAL Senior NEURO is a complete neuro-support formula for older adults who want to maintain memory, focus, and healthy nervous system function. It combines essential B-vitamins and iodine — nutrients that support cognitive performance, mental vitality, and energy metabolism.

B-vitamins (B1, B2, Niacin, B6, B12, Pantothenic acid, Folic acid, Biotin) contribute to normal psychological and nervous system function and help reduce tiredness and fatigue, supporting mental performance throughout the day. Iodine supports normal cognitive function and the production of thyroid hormones important for metabolism and brain health.

Content of active ingredients in 1 tablet:

THIAMINE	100 mg	9091 % NRV*
RIBOFLAVIN	1,4 mg	100 % NRV
NIACIN	16 mg	100 % NRV*
PANTOTHENIC ACID	6 mg	100 % NRV*
VITAMIN B6	6 mg	429 % NRV*
FOLIC ACID	200 µg	100 % NRV*
BIOTIN	50 µg	100 % NRV*
VITAMIN B12	100 µg	4000 % NRV*
IODINE	150 µg	100 % NRV*



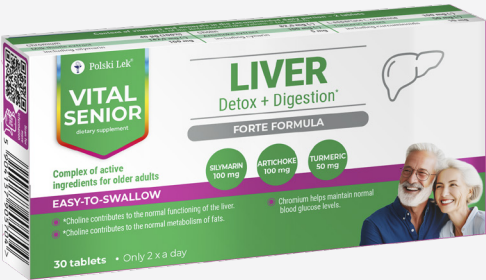
VITAL SENIOR LIVER

DOSAGE: 2 tablets a day CONTENT: 30 tablets

VITAL Senior LIVER is a targeted blend for older adults who want to support healthy liver function, digestion, and overall metabolic balance. The formula combines traditional liver-supporting plant extracts with key nutrients involved in metabolic processes.

Content of active ingredients in 2 tablets:

CHROMIUM	40 µg	100 NRV*
MILK THISTLE	142,9 mg	-
EXTRACT	100 mg	-
incl. SILYMARIN	82,5 mg	-
CHOLIN	100 mg	-
ARTICHOKE EX-	5 mg	-
TRACT	100 mg	-
incl. CINARIN	50 mg	-
L-ASPARTATE L-OR-	10 mg	-



VITAL SENIOR ANTI-CRAMP

DOSAGE: 2 tablets CONTENT: 60 tablets

VITAL Senior Anti-Cramp is a specialized formula developed for older adults who want to support proper muscle function and reduce the risk of night-time or activity-related discomfort. Each tablet delivers a balanced complex of minerals and B-vitamins essential for the normal functioning of muscles, nerves and energy metabolism.

Magnesium and Potassium contribute to normal muscle function and help maintain proper electrolyte balance — key factors in supporting muscles during periods of increased demand.

Vitamin D (25 µg) supports normal muscle function and helps maintain healthy bones, which is particularly important for older adults.

Content of active ingredients in 2 tablets:

MAGNESIUM	100 mg	27% NRV*
POTASSIUM	300 mg	15% NRV
THIAMINE	1,1 mg	100 % NRV*
NIACIN	16 mg	100 % NRV*
VITAMIN B6	1,4 mg	100 % NRV
VITAMIN B12	2,5 µg	100 % NRV*
MANGANESE	1 mg	50 % NRV*

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



VITAL SENIOR SLEEP

DOSAGE: 2 tablets a day CONTENT: 30 tablets

VITAL Senior SLEEP is a thoughtfully developed complex of active ingredients designed to support comfortable, high-quality sleep in older adults. Each easy-to-swallow tablet combines essential vitamins, minerals and botanical extracts known for their beneficial roles in the body's natural relaxation and sleep processes.

Melatonin helps reduce the time needed to fall asleep, supporting a smoother transition into nighttime rest.

Magnesium contributes to the normal functioning of the nervous system and to normal psychological function.

Vitamins B1 (Thiamine), B6 and B12 support normal energy metabolism and proper functioning of the nervous system, helping maintain mental balance during the day and before bedtime.

Lemon balm extract (Melissa officinalis) is traditionally used to support relaxation and calmness.

Valerian extract (Valeriana officinalis) is known for helping maintain natural sleep quality and promoting a sense of relaxation.

Content of active ingredients in 2 tablets:

MAGNESIUM	60 mg	16% NRV*
THIAMINE	1,1 mg	100 % NRV*
VITAMIN B6	1,4 mg	100 % NRV*
VITAMIN B12	2,5 µg	100 % NRV*
VALERIAN EXTRACT	100 mg	-
LEMON BALM EXTRACT	200 mg	-
MELATONIN	1 mg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



VITAL SENIOR COLLAGEN

DOSAGE: 1 sachet a day CONTENT: 30 sachets

VITAL Senior COLLAGEN is an advanced formula combining key nutrients to support healthy joints, cartilage, and overall connective tissue function in older adults. Each tablet delivers a powerful complex of collagen, minerals, vitamins, and botanical extracts to help maintain mobility and comfort.

Collagen provides the building blocks for healthy connective tissue, supporting joint and skin structure.
Glucosamine sulfate and Chondroitin sulfate contribute to the maintenance of normal cartilage structure and joint function.

Content of active ingredients in 1 sachet

COLLAGEN	2500 mg	-
GLUCOSAMINE SULFATE	700 mg	-
CHONDROITIN SULFATE	200 mg	-
MANGANESE	1,8 mg	90 % NRV*
COPPER	1 mg	100 % NRV*
VITAMIN C	160 mg	200 % NRV*
GINGER EXTRACT	100 mg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



VITALS SENIOR GLUCOSAMINE

DOSAGE: 1 sachet a day CONTENT: 30 sachets

VITAL Senior Glucosamine is a carefully formulated complex of active ingredients designed to support healthy joints, cartilage function, and mobility in older adults. Each tablet delivers clinically recognized nutrients to help maintain joint comfort and flexibility.

Glucosamine sulfate (1500 mg) and Chondroitin sulfate (200 mg) contribute to the maintenance of normal cartilage structure and support joint function. Hyaluronic acid (30 mg) helps maintain joint lubrication and contributes to smooth movement.
Vitamin C (160 mg) contributes to normal collagen formation for the normal function of cartilage, bones, and connective tissue, supporting overall joint health.

Content of active ingredients in 1 sachet

GLUCOSAMINE SULFATE	1500 mg	-
CHONDROITIN SULFATE	200 mg	-
VITAMIN C	160 mg	200 % NRV*
HYALURONIC ACID	30 mg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



VITALS SENIOR OMEGA-3

DOSAGE: 2 capsules a day CONTENT: 60 capsules

VITAL Senior Omega 3 is a premium formula designed for older adults who want to support cardiovascular health, brain function and overall vitality. Each softgel delivers highly concentrated fish oil containing 65% Omega-3 fatty acids, enriched with Vitamin D and Vitamin E for comprehensive daily support.

The formula provides EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid) — essential Omega-3 fatty acids that contribute to normal heart function (beneficial effect achieved with a daily intake of 250 mg EPA+DHA).
DHA also contributes to the maintenance of normal brain function and normal vision (with a daily intake of 250 mg DHA).
Vitamin D (50 µg / 2000 IU) contributes to the normal function of the immune system, supports muscle function and helps maintain healthy bones.

Content of active ingredients in 2 capsules:

FISH OIL (INCL. 65% OMEGA-3 FATTY ACIDS)	1000 mg	-
INCL. 33% EICOSAPENTAENOIC ACID (EPA),	330 mg	-
INCL. 22% DOCOSAHEXAENOIC ACID (DHA)	220 mg	-
VITAMIN D	50µg	1000 % NRV*
VITAMIN E	12 mg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



JOINT DUO MAXI-FLEX

DOSAGE: 1/2 of tablet CONTENT: 30 eff tablets FLAVOUR: orange

Each Joint DUO MaxiFlex tablet contains a high amount of glucosamine sulfate. Glucosamine is a substance naturally present in the human body and is a component of the basic structure of cartilage. The formulation is enriched with the MaxiFlex Complex, which includes: chondroitin sulfate, manganese, collagen, nettle leaf extract, and vitamin C.

Content of active ingredients in 1 tablet:

GLUCOSAMINE SULPHATE	1350 mg	—
CHONDROITIN SULPHATE	10 mg	—
NETTLE LEAF EXTRACT (URTICA DIOICA L.)	10 mg	—
COLLAGEN	10 mg	—
VITAMIN C	12 mg	15% NRV*
MANGANESE	1 mg	50% NRV*

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



JOINT DUO SENIOR

DOSAGE: 1 tablet a day CONTENT: 24 tablets FLAVOUR: lemon grass - mango

Joint DUO Senior is a premium, lemon-flavoured effervescent supplement designed to support joint health, mobility, and everyday vitality. Its unique formula combines collagen, chondroitin, the Active Senior complex, and key vitamins to help adults stay active and comfortable.

Collagen supports joints, cartilage, and connective tissue. Chondroitin helps maintain cartilage elasticity and joint comfort. Butcher's broom extract supports healthy circulation. Vitamin C contributes to collagen formation for cartilage and bones and supports immunity. Vitamins B6 and B1 (thiamine) support energy metabolism and nervous system function.

Content of active ingredients in 1 tablet

COLLAGEN	500 mg	-
CHONDROITIN SULFATE	100 mg	-
VITAMIN C	80 mg	100%
THIAMINE (VITAMIN B1)	1.1 mg	100%
VITAMIN B6	1.4 mg	100%
BUTCHER'S BROOM ROOT	30 mg	-
EXTRACT (RUSCUS ACULEATUS L.)		

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



MEDISTAV REBUILD

DOSAGE: 1 sachet a day CONTENT: 30 sachets FLAVOUR: blackcurrant

Medistav Rebuild is an advanced joint-support formula combining key ingredients essential for active, overloaded bodies. Boswellia serrata helps reduce inflammation and improve joint comfort, while hydrolysed collagen and hyaluronic acid support cartilage structure and smooth joint movement. Calcium and vitamin D3 strengthen bones and contribute to proper muscle function, and vitamin C boosts natural collagen production. Manganese supports healthy connective tissue and protects joint cells from oxidative stress. A complete formula for strong bones, flexible joints, and confident movement every day.

Content of active ingredients in 1 sachet:

BOSWELLIA SERRATA EXTRACT CONTAINING BOSWELLIC ACIDS	300 mg	—
AQUAMIN (FROM CALCAREOUS ALGAE LITHOTHAMNION SP.)	400 mg	—
INCLUDING CALCIUM	120 mg	15% NRV*
HYDROLYZED COLLAGEN	1000 mg	—
HYALURONIC ACID	2 mg	—
VITAMIN C	80 mg	100% NRV*
VITAMIN D3	5 mcg	100% NRV*
ZINC	10 mg	100% NRV*
MANGANESE	2 mg	100% NRV*

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



TRAVEL OK!

DOSAGE: 1 tablet a day CONTENT: 30 tablets

while travelling, regardless of the means of transport. TravelOK! contains ginger (Zingiber officinale Roscoe), which helps reduce travel-related discomfort such as nausea and dizziness when travelling by car, plane, or boat.

Content of active ingredients in 1 tablet:

GINGER EXTRACT	150 mg
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GASTRIMAX

DOSAGE: up to 3 tablets a day, when needed CONTENT: 12 chews FLAVOUR: mint

Gastrimax Mint lozenges help alleviate symptoms associated with hyperacidity, such as heartburn, indigestion, nausea, and a feeling of fullness or heaviness in the stomach. The calcium and magnesium in the product quickly neutralise hydrochloric acid in the stomach. Inulin, a natural prebiotic, supports the proper functioning of the digestive system.

Content of active ingredients in 1 chew:

CALCIUM	300 mg	37,5% NRV*
MAGNESIUM	60 mg	16% NRV*
INULIN	100 mg	—

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



CLIMESTON

DOSAGE: 1 tablet a day CONTENT: 30 film-coated tablets

Climeston is specially formulated with red clover (Trifolium pratense) leaf and flower extracts, traditionally used to support women experiencing menopausal changes. The isoflavones naturally present in red clover may help alleviate common menopausal symptoms, such as:

- Hot flushes – sudden feelings of heat often accompanied by sweating.
- Excessive sweating – especially night sweats that can disrupt sleep.
- Anxiety and irritability – mood fluctuations linked to hormonal changes.

Content of active ingredients in 1 tablet:

EXTRACT FROM LEAVES AND FLOWERS OF RED CLOVER (TRIFOLIUM PRATENSE L.)	200 mg	—
INCLUDING ISOFLAVONES	80 mg	—
VITAMIN K2 - MK-7	7,5 µg	50% NRV*
VITAMIN D3	50 µg	1000% NRV*
CALCIUM	120 mg	15% NRV*

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)



omegamed[®]
Your conscious choice

ACCORDING TO PEDIATRICIANS
THE MOST EFFECTIVE
PREPARATIONS TO STRENGTHEN
CHILDREN IMMUNITY

DHA from SEA ALGAE
in different forms
suitable for You and Your family

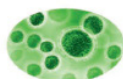


OMEGAMED

Omegamed is a unique line of products for pregnant women, infants, and children, developed based on scientific research and supported by the knowledge and experience of experts.

Omegamed formulations offer an optimal composition tailored to the needs of different consumer groups, in accordance with expert recommendations.

All Omegamed[®] products contain DHA from an ideal, primary source. This DHA is obtained from marine algae grown in controlled conditions, outside of natural sea environments.



Marine algae - the primary source of DHA cultured under controlled conditions, outside of polluted water areas.



Algae oil extracted in technological process, source of DHA

omegamed[®]
Two Swabian Wytbor

Natural, pure, ideal DHA

OMEGAMED OPTIMA START FOR WOMEN PLANNING PREGNANCY

DOSAGE: 1 capsule a day CONTENT: 30 capsules

Omegamed® Optima START is especially for women planning pregnancy and in the first months of pregnancy. Designed in partnership with specialists, Omegamed® Optima START provides your daily dose of ingredients vital for the proper development of brain and eyes in foetus and breastfed infants.

Content of active ingredients in 1 capsule:

DHA	200 mg
VITAMIN D	2000 IU
IODINE	200 µg
FOLATE:	
FOLIC ACID	400 µg
ACTIFILON	400 µg



OMEGAMED OPTIMA FORTE FOR PREGNANT WOMEN

DOSAGE: 1 capsule a day (OPTIMA capsule) CONTENT: 60 capsules
3 capsules a day (DHA capsule)

Omegamed® Optima Forte is a preparation designed specially for pregnant women. The optimal content was prepared with the participation of specialists and ensures a daily portion of ingredients which are important for the development of the brain and eyes in foetuses and breastfed infants*.

Content of active ingredients in 3 capsules:

DHA	600 mg
VITAMIN D	2000 IU
IODINE	200 µg
FOLATE:	
FOLIC ACID	400 µg
ACTIFILON	400 µg
IRON	30 mg



OMEGAMED BABY +D 0+/6M+

DOSAGE: 1 capsule a day CONTENT: 30 or 60 capsules

Omegamed® Baby+D provides the daily portion of DHA (docosahexaenoic acid from Omega-3 group) and vitamin D accordingly to current expert recommendations. Omegamed® Baby+D contains unique form of DHA from algae (Life's DHA®).

DHA contained in products Omegamed®:

- marine-based formula derived from sustainably sourced microalgae to deliver a beneficial amount of DHA in small capsules. This means better taste and smell as well as good absorption and tolerance.
- is clean. The algae is planted in controlled conditions, away from marine tanks. It means no risk of contact with potentially dangerous pollution which may appear in the natural environment, such as dioxin, methylated mercury, polychlorinated biphenyls (PCB).
- is perfect. The effectiveness and safety are confirmed by research* and a long history of use. It means that it has been checked and perfectly adjusted to needs of the most demanding and sensitive to insufficiency of this ingredient consumers.

Content of active ingredients in 1 capsule BABY+D 0m+

DHA	150 mg
VITAMIN D3	10 µg

Content of active ingredients in 1 capsule BABY+D 6m+





DHA	150 mg
VITAMIN D3	15 µg



OMEGAMED IMMUNITY

OMEGAMED IMMUNITY is a series of products supporting children immunity in different forms: syrup, chewable capsules and chewable jelly pastilles.



SYRUP	JELLY	SYRUP	SYRUP																												
IN A BOTTLE	PASTILLES	IN SACHETS	IN CHEWING CAPSULES																												
																															
<table><tr><td>DHA</td><td>100 mg</td></tr><tr><td>VITAMIN D</td><td>600 IU</td></tr><tr><td>VITAMIN C</td><td>23 mg</td></tr><tr><td>HONEY</td><td>5g - 75%</td></tr></table>	DHA	100 mg	VITAMIN D	600 IU	VITAMIN C	23 mg	HONEY	5g - 75%	<table><tr><td>DHA</td><td>100 mg</td></tr><tr><td>VITAMIN D</td><td>600 IU</td></tr></table>	DHA	100 mg	VITAMIN D	600 IU	<table><tr><td>DHA</td><td>130 mg</td></tr><tr><td>VITAMIN D</td><td>1200 IU</td></tr><tr><td>VITAMIN C</td><td>23 mg</td></tr><tr><td>HONEY</td><td>5g - 75%</td></tr></table>	DHA	130 mg	VITAMIN D	1200 IU	VITAMIN C	23 mg	HONEY	5g - 75%	<table><tr><td>DHA</td><td>100 mg</td></tr><tr><td>VITAMIN D</td><td>600 IU</td></tr><tr><td>VITAMIN C</td><td>20 mg</td></tr><tr><td>ZINC</td><td>10 mg</td></tr></table>	DHA	100 mg	VITAMIN D	600 IU	VITAMIN C	20 mg	ZINC	10 mg
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VITAMIN D	600 IU																														
VITAMIN C	20 mg																														
ZINC	10 mg																														
over 3 year of age	over 3 year of age	over 3 year of age	over 5 year of age																												
5 ml (1 teaspoon) a day	1 jelly pastille a day	1 sachet a day	1 capsule a day																												

ACTIFEROL-BIOABSORBABLE IRON

Actiferol is a unique line of iron products featuring an innovative technology of micronized and dispersible ferric pyrophosphate, offering excellent tolerance and high efficiency – with up to 2× higher bioavailability and no side effects. Actiferol is not released in the stomach; it is gradually released in the duodenum, ensuring optimal absorption. The product comes in the form of a white powder that does not alter the taste of drinks or meals and does not stain the teeth. Actiferol is available in four different dosages.

Actiferrol START for newborns, infants and adults:

- born prematurely
- of low birth weight
- with a physiological anemia

1 SACHET CONTENT:

BIOABSORBABLE IRON	7 mg
VITAMIN B6	25 mg
VITAMIN C	20 mg
COMPLEX OF FOLIATES:	
FOLIC ACID	100 µg
ACTIVE FOLATE	100 µg








Actiferrol: 15mg and 30 mg for newborns infants and adults:

- to ensure the right supply of iron,
- to support hematopoietic processes,
- in states of iron deficiency and anemia

1 SACHET/CAPSULE CONTENT:

BIOABSORBABLE IRON	15 mg, 30 mg, 60mg
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	Actiferol Fe START	Actiferol Fe 15 mg	Actiferol Fe 30 mg sachet	Actiferol Fe 30 mg capsules	Actiferol Fe Forte
					
CONTENT OF ACTIVE INGREDIENTS	In 1 sachet: IRON: 7 mg VITAMIN B6: 1,4 mg VITAMIN B12: 2,5 µg VITAMIN C: 20 mg FOLIC ACID : • 100 µg folic acid • 100 µg active folate	IRON: 15 mg in 1 sachet	IRON: 30 mg in 1 sachet	IRON: 30 mg in 1 capsule	In 1 capsule: IRON: 30 mg FOLIC ACID: 200 µg: • 100 µg folic acid • 100 µg active folate
RECOMMENDED DAILY INTAKE	1 sachet	1 sachet	1 sachet	1 capsule	1 capsule
FOR WHOM ?	for infants, children and adults	for infants, children and adults	for pregnant women	for pregnant women	for pregnant women
PACKAGING	30 sachets	30 sachets	30 sachets	30 capsules	60 capsules

Contractual Production

At Polski Lek, we specialize in comprehensive contractual production services for food supplements, ensuring that our clients receive tailored solutions to meet their specific needs. Our state-of-the-art facilities are equipped with cutting-edge technology to manufacture high-quality tablets, effervescent tablets, and powders in sachets. Whether you require tablets that deliver precise dosages, effervescent tablets that offer convenience, or sachet powders for easy consumption, we provide flexibility and customization throughout the production process.

With a deep understanding of the food supplement industry, we uphold stringent quality standards and regulatory compliance to guarantee the safety and efficacy of every product batch. Partnering with best packaging and raw material suppliers means accessing our expertise in formulating, testing, and packaging food supplements, backed by our commitment to excellence. We aim to deliver exceptional value and support to our clients, ensuring that each contractual production project meets the highest standards of quality, reliability, and customer satisfaction.

WE OFFER COMPREHENSIVE SERVICES IN THE FIELD OF PRODUCTION:

- development of technologies and recipes for new products,
- preparation of finished product documentation,
- conducting technological trials.

WE HAVE OUR OWN MACHINE PARK ENABLING THE MANUFACTURE OF:

- swallowable tablets (film-coated, sugar-coated, uncoated),
- effervescent tablets (single-layer, two-layer),
- granules/ powders in sachets

PACKAGING SERVICE IS AVAILABLE FOR:

- tablets in blisters, containers or tubes with caps, cartons,
- granules/powders in sachets and cartons.

AVAILABLE TYPES OF TABLETS:

Swallowable tablets:

- small round Ø 5 mm
- small round Ø 8 mm
- small round 17 mm/8 mm
- large oval 19 mm/8 mm

Chewable tablets:

- medium round Ø 16 mm
- medium square 14 mm/14 mm
- „bear” shaped

Effervescent tablets:

- large round Ø 25 mm

