Polski Lek®

Plusssz 100% Multivitamin + Magnesium

Dietary supplement.
Effervescent tablets, mango-orange flavor
No added sugar. Contains powdered fruit juice.
Contains sweeteners.

Plusssz 100% Multivitamin + Magnesium is a complex of the 10 most important vitamins providing 100% of the daily Reference Intake for adults in 1 tablet. In addition, it contains magnesium which helps in the proper functioning of the nervous system and muscles. Plusssz 100% Multivitamin + Magnesium contains powdered fruit juice and no added sugar.

Magnesium contributes to the maintenance of normal psychological function and reduces tiredness and fatigue.
Vitamin C boosts the immune system.
Vitamin E helps protect cells against oxidative stress.
Thiamin and Biotin support the nervous system.
Folic acid and niacin help maintain normal psychological function.
Pantothenic acid contributes to the maintenance of proper energy metabolism.
Vitamin B6, B12 and Riboflavin helps reduce tiredness and fatigue.

Varied diet and healthy lifestyle are important in maintaining physical health and well-being.

Content:

Ingredients: acidity regulators: citric acid, sodium carbonates; magnesium carbonate; bulking agent: sorbitols; vitamins (L-ascorbic acid, nicotinic acid amide, DL-alphatocopheryl acetate, D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, pteroylmonoglutamic acid, D-biotin, cyanocobalamin); flavourings; beetroot powder concentrate; sweeteners: cyclamates, saccharins; anti-caking agents: polyvinylpyrrolidone, polyethylene glycol; orange juice powder - 0.1%; mango juice powder - 0.1%; coenzyme Q10.

Content of vitamins, minerals and other active ingredients in a recommended daily intake – 1 tablet (% of NRV*):		
magnesium	187,5 mg	50%
vitamin C	80 mg	100%
niacin	16 mg	100%
vitamin E	12 mg	100%
Pantothenic acid	6 mg	100%
vitamin B6	1,61 mg	115%

Product may contain lactose (from milk)

riboflavin	1,4 mg	100%
thiamine	1,1 mg	100%
Folic acid	200 µg	100%
biotin	50 µg	100%
vitamin B12	2,5 µg	100%
coenzyme Q10	400 µg	-

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

How to use:

Dissolve one tablet in a glass (200 ml) of cold water.

Recommended daily intake: 1 tablet a day.
Do not exceed the recommended daily intake of the product.

Dietary supplement should not be used as a substitute for a balanced and varied diet.

Packing:

- 20 effervescent tablets, mango-orange flavour.
- Net weight: 86 g (20 tablets 4,3 g)

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