Polski Lek S.A.

Plusssz 100% Multiwitamina Woman Complex

Dietary supplement.
Effervescent tablets, raspberry-orange **flavour.**
Contains sweeteners.

Plusssz 100% Multiwitamina Woman Complex was prepared with thought of particular needs of women who require special treatment for their specific needs.

Guggul supports health of cardiovascular system and functions of nervous system. It helps to maintain health of skin and in depurating of body.
Zinc helps in keeping proper fertility and proper reproductive functions.
Selenium helps to maintain healthy hair and nails.
Vitamin B6 contributes to regulation of hormonal activity.

Varied diet and healthy lifestyle are important to stay healthy.

Content:

Ingredients: acidity regulators: citric acid, sodium carbonates; bulking agent: sorbitols; vitamins (L-ascorbic acid, nicotinamide, DL-alpha-tocopheryl acetate, calcium D-pantothenate, pyridoxine hydrochloride, riboflavin, thiamine mononitrate, acid pteroylmonoglutamine, D-biotin, cyanocobalamin); flavourings; beetroot powder concentrate; horsetail extract (*Equisetum arvense*); guggul root extract (*Commiphora wightii* (Arn.) Bhandari); anti-caking agents: polyvinylpyrrolidone, glycol polyethylene; colour: anthocyanins; sweeteners: cyclamates, saccharines; zinc citrate; sodium selenite; coenzyme Q10; orange juice powder (0.1%); raspberry juice powder (0,1%).

Content of vitamins, minerals and other active ingredients in a recommended daily intake – 1 tablet (% of NRV*):		
horsetail extract	50 mg	n/a
Guggul root extract	50 mg	n/a
zinc	5 mg	50%
selenium	27,5 µg	50%
vitamin C	80 mg	100%
niacin	16 mg	100%
vitamin E	12 mg	100%
Pantothenic acid	6 mg	100%
vitamin B6	1,4 mg	100%
riboflavin	1,4 mg	100%

thiamine	1,1 mg	100%
Folic acid	200 µg	100%
biotin	50 µg	100%
vitamin B12	2,5 µg	100%
coenzyme Q10	400 µg	n/a

*NRV - DAILY REFERENCE INTAKES FOR VITAMINS AND MINERALS (ADULTS)

n/a-not applicable

Product may contain **lactose** (from **milk**).

How to use:

Dissolve one tablet in a glass (200 ml) of cold water.

Recommended daily intake: 1 tablet a day.
Do not exceed the recommended daily intake of the product.
Dietary supplement cannot be used as a substitute of a varied diet.

Packing:

- 20 effervescent tablets, raspberry-orange flavour. Net weight: 86 g (20 tablets □ 4,3 g)