



Polski Lek®

## Plusssz Electrolytes SPORT 100% Complex

Dietary supplement.

Effervescent tablets, lemon-grapefruit flavour.

Contains sugar and sweeteners.

Preparation Plusssz Electrolytes SPORT 100% Complex contains a special set and concentration of all the most important electrolytes as well as palatinose and complex of vitamins of European origin enriched in coenzyme Q10. It's perfect in sports. Drink plenty of fluids!

Potassium helps is proper functioning of muscles and nervous system.

Calcium contributes to upkeep of proper energetic metabolism.

Magnesium helps in proper functioning of muscles and contributes to decrease of feeling of fatigue and exhaustion.

Varied diet and healthy lifestyle are important to stay healthy.



### Content:

**Ingredients:** acidity regulator: citric acid; sodium bicarbonate; magnesium lactate; bulking agent: sorbitols; isomaltulose\* - 4,5%; calcium carbonate; potassium chloride; potassium citrate; L-ascorbic acid (vitamin C); flavourings; anti-caking agents: polyvinylpyrrolidone, polyethylene glycol; colors: carotenes, riboflavins; hydrolyzed collagen; sweeteners: cyclamates, saccharines; manganese gluconate; lemon juice powder – 0,1%; coenzyme Q10.

\*isomaltulose is a source of glucose and fructose

#### Content of vitamins, mineral ingredients and other active ingredients in a recommended daily intake – 3 tablets (% daily Nutrient Reference Value (Adults)):

sodium	600 mg	-
potassium	300 mg	15%
chloride	200 mg	25%
magnesium	187,5 mg	50%
coenzyme Q10	400 µg	-
vitamin C	200 mg	250%
collagen	15 mg	-
manganese	0,5 mg	25%

Product may contain **lactose (from milk)**.

## How to use:

Dissolve a tablet in a glass (200 ml) of cold water.

**Recommended daily intake:** 3 tablets a day.

Do not exceed the recommended daily intake of the product.

Dietary supplement cannot be used as a substitute of a varied diet.

## Packing:

- Net weight: 103,2 g (24 tablets □ 4,3 g)